

# Living with Cancer

## A support group for people living with cancer

People living with cancer are invited to explore life after a cancer diagnosis in a safe and supportive environment. Come learn from educational presentations and open discussion, while considering what this journey looks like for you. This group is facilitated by an experienced Swedish Cancer Institute social worker, and there is no fee to attend.

Support group participation offers:

- Practical information about diagnosis and treatment
- A safe place to share feelings and learn self-care skills
- An opportunity to develop coping strategies
- Techniques for improving communication with family, friends, and your care team

**First and third Wednesdays, 1-2:30 p.m.**

**Swedish Cancer Institute at Edmonds**

**21605 76th Ave. W.**

**Edmonds, WA 98026**

**Radiation Oncology Building**

**Second Floor Conference Room**

For information, please call 425-673-8328.