The concept of our support groups is based on the idea that open communication about living with a blood cancer is critical to coping with various associated feelings that arise. With appropriate professional guidance, patients and family members are able to discuss their experiences with other patients and families in similar situations. Our groups are designed for all adults living with a blood cancer diagnosis and their family members.

**Richmond Blood Cancer Support Group**
Meets the 4th Tuesday of each month, 7:00pm – 8:30pm  
Massey Cancer Center, 9000 Stony Point Pkwy, Richmond, VA 23235  
Facilitators: Karen Mullin and Judith Levy

**Harrisonburg Blood Cancer Support Group**
Meets the 1st Thursday of each month (Sept. thru May), 4:00pm – 5:00pm  
Sentara RMH Hahn Cancer Center, Medical Office Bldg., 2006 Health Campus Drive,  
1st Floor Conference Room, Harrisonburg, VA 22801  
Facilitators: Elaine Dunaway and Yvonne Jarrels

**Newport News Cancer Support Group**
Meets the 2nd Thursday of each month, 6:30pm – 8:30pm  
Riverside Cancer Center, 12100 Warwick Blvd, Newport News, VA 26301  
Facilitator: Linda Silver

To attend a group listed above, please register at the [ALL EVENTS NEAR YOU calendar](https://www.lls.org/virginia)  

For information about our other patient services and programs, please contact an Information Specialist at (800) 955-4572

**Non-LLS Supported Group**

**Bereavement Support Group**
This group is run by the Full Circle Grief Center.  
To register for this group, please contact Britt Cowart at 804-912-2947.

The mission of The Leukemia & Lymphoma Society (LLS) is to cure leukemia, lymphoma, Hodgkin’s disease and myeloma, and improve the quality of life of patients and their families. Find out more at [www.LLS.org](http://www.LLS.org).

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