Transportation Resources

211 of San Diego 2-1-1 or 858-300-1212	211 provide information and referrals on local resources.
Aall Care: Lake San Marcos 1145 San Marino Dr. Ste 314 Lake San Marcos, Ca. 92069 760-471-7033 619-297-9601	Transportation available for residents of North County. Just call 2 days in advance to ensure transportation or for further details. Fee is \$75 for 4 hours. (rates negotiable)
Ability Center 4797 Ruffner St. San Diego, Ca. 92111 858-541-0552 or 866-405-6806	The company offers mini and full size accessible vans that are ready to drive away. They also offer a full line of manual or powered wheelchairs, scooters, lifts, carriers and accessories.
Air Care Alliance 1515 East 71 st St. Ste 312 Tulsa, OK. 74136 888-260-9707 mail@aircareall.org	This site links you to nationwide listings of organizations that provide transport for patients and sometimes family members needing to get to treatment.
American Cancer Society (ACS) 2655 Camino del Rio N. Ste 100 San Diego, Ca. 92108 800-ACS-2345 (800-277-2345) 619-299-4200	What are your rights as a patient? What should you expect from your employer? How do you handle insurance issues? Get help dealing with financial and legal matters related to your cancer experience.
Angel Flight West 3161 Donald Douglas Loop South Santa Monica, Ca. 90405 310-390-2958 or 888-426-2643	Offers free air transportation to medical treatment of patient's unable to find their own transportation. Patient must be medically stable. For additional information, call M-F 8:30 AM-4:30 PM.

Temecula, Ca. 92592 \$support and donations made by the community, Angels at Work is able to provide much needed services at no charge to patients suffering from mental and physical pain of cancer. Services offered include: transportation to medical treatments, house cleaning, yard maintenance, granting small wishes and more. Borrego Springs Senior Center 434 Aqua Lane Ramona, Ca. 92065 760-789-0440 Care-A-Van Care-A-Van Offers non emergency ground medical transportation. \$69.50 Round Trip or \$2.25 per mile. Call for details. M-F 5:30 AM-5:30 PM. Wheelchair accessibility. Carlsbad Senior Center Transportation to appointments for Carlsbad residents only. Wheelchair lift available. Goes north as far as Tri-City Medical Center and as far south as Scripps, Encinitas. No fee, but 50 cents donation is suggested. Limited availability; please call with advance notice. Only 2 appointments per week available M, T, TH, and F between the hours of 2:00 and 3:00 PM. Centro Hispanic Senior Center Offers transportation within 10miles of the center. Donations accepted. Will take to doctor and lawyer appointments. Call one week in advance M-F between 8-11 AM. Coordinated Transportation Service Agency (CTSA) Angel sat Work is able to provide much needed services and more. Support and donations and more mental and physical or cognitive impairment. ADA certification is required before making a reservation. Please call 877-232-7433 or 760-966-6525 for more information.	Angels at Work	Angels at Work is a non-profit organization that
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ivan valeno (riojectivianager)	Nan Valerio (Project Manager)	

Cornerate Angel Network (CAN)	CAN funds from air transportation on cornerate
Corporate Angel Network (CAN)	CAN funds free air transportation on corporate
Mastahastar County Airrost	jets for cancer patients who need medical
Westchester County Airport	treatment. Patients must be ambulatory. Call 2-3
1 Loop Rd.	weeks in advance, with appointment location and
White Plains, NY 10604	time. M-F 8:30-5 PM eastern time.
866-328-1313	
DART	Offers curb-to-curb services to the Rancho
	Bernardo, Scripps Ranch areas. \$1.50 for Seniors
639 13 th St.	and \$3.00 regular fare. Services also available in
San Diego, Ca. 92101	Paradise Hills, Mid City and Mira Mesa. Call M-F
877-841-3278	from 4 AM to 8 PM for pick up times or other
	details.
E & E Transportation	Provides free transportation for Regional Center
	and special events. Wheelchair lift equipped.
395 North Coast Highway 101	Operates M-F 6-5PM. Available for people with
Encinitas, Ca. 92008	disabilities in East County and North County.
760-942-9677	
(Cannot find on web. I called and left msg)	
Escondido Out and About	Free shuttle services for Escondido residents.
	Medical appointments on Monday and Thursday;
1151 South Redwood St.	shopping on Tuesday and Friday. Call at least 72
Escondido, Ca. 92025	hours in advance to ensure transportation and
760-480-1030	specify if wheelchair lift is required.
Faith in Action	Local Faith in Action programs bring together
	volunteers from many faith to work together to
4069 30 th St.	care for their neighbors who have long-term
San Diego, Ca. 92104	health needs. Volunteers help those in need by
619-284-9281 (This # goes to eldercare)	providing non-medical assistance with tasks such
ors for secretary	as picking up a few groceries to running errands
	and providing a ride to the doctor. For more
	information, please call or visit their website.
Friends in Service to Humanity (FISH)	Free Ground transportation. Must call 3-4 days
	before needing ride to assure transportation is
5940 Kelton Ave.	available. Only service East County Residents.
La Mesa, Ca. 91942	Call M-Sun. 7 AM-7 PM to schedule a ride or for
619-390-0399	more information.
Gloria E. McClellan Senior Center	Gloria E. McClellan Senior Center offers
	transportation to seniors in the Vista area. Please
1400 Vale Terrace Dr.	call for more information M-F 8-4 PM.
Vista, Ca. 92084	
760-639-6164	
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Joan's Journey Senior Transportation Program	Transportation provides for shopping, doctor's
2255 Marris Disco	appointments, and errands. Services central San
3355 Morago Place	Diego and beach areas; no South Bay or East
San Diego, Ca. 92117 858-273-7273 or 619-889-0103	County. Rates are \$17.00 for the first half hour
858-2/3-/2/3 0r 619-889-0103	and \$5.00 per 15 minutes thereafter. Call 2-7
	days in advance M-F 8-5 PM. To ensure transportation.
Laidlaw Transit	Available for Seniors and persons with disabilities.
Laidiaw ITalisit	Serves Poway, Rancho Bernardo, and
212343 Oak Knoll Rd.	Penasquitos. Wheelchair lift equipped. Call 2-7
Poway, Ca. 92064	days in advance M-Sun 8-5 PM. Fees range from
858-748-8152 or 800-921-9664	\$3.50-\$4.50.
030 7 10 0132 01 000 321 300 1	γ3.30 γ 1.30.
Lifeline Rural	Transportation costs vary per ride from \$1.00-
	\$3.00; lines are wheelchair lift equipped. Please
800-266-6883	contact San Diego County Transit System for more
	details M_F 8-5:30 PM. Or link to their Online Trip
	Planner from their homepage.
Lutheran Social Services	Provides free transportation twice a month to
	seniors who meet income requirements and live
270 F St. Ste. 21	in Chula Vista. Call 5 days in advance M-F 9-3 PM
Chula Vista, Ca. 91910	for transportation. Cost is free to individuals who
619-476-7055	meet income requirements or \$3.00 each way.
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Mercy Hospital	No Charge to patients with a 7 mile radius of the
	hospital. Please make appointment 24 hours in
4077 Fifth Ave	advance. Doctor or Nurse must have the
San Diego, Ca. 92103	appointment. Lift equipped. 8 AM- 5 PM M-F
619-407-4680 or 619-294-8111	and 10 AM- 2 PM Sat.
Metropolitan Transit System Access	Ground transportation. Must be ADA (American
000 0 11 1 1	Disability Act) Certified in order to ride for \$4.50
800 Sesler Ave.	round trip. Call 2 days in advance M-Sun 8-5 PM
El Cajon, Ca. 92113	to confirm ride or for details about services.
888-517-9627	
National Patient Air Transport Helpline	The National Patient Travel helpline provides
	information about all forms of charitable, long
800-296-1217	distance medical air transportation and provides
	referrals to all appropriate sources of help
	available in the national charitable medical air
	transportation network.

National Patient Travel Center	PatientTravel.org is the website for the National Travel Center, providing services to those seeking
4620 Haygood Rd. Ste 103 Virginia Beach, Va. 23455 800-296-1217	a way to travel long-distances for specialized medical evaluations, diagnosis and treatment. Call or e-mail mercymedical.erols.com.
No Vacancy 1325 Grand Ave. Ste 103 San Marcos, Ca. 92078 760-471-5346	Provides curb-to-curb service to all of San Diego. Cost varies depending upon distance. Medi-Cal accepted. Wheelchair equipped. Please call 2 days in advance M-F 8-5 PM to arrange for transportation.
North County Lifeline Community Services 200 Michigan Ave. Vista, Ca. 92084 760-726-1111	Offers curb-to-curb transportation to individuals with certified disabilities through the ADA (American Disabilities Act). Cost is \$3.50 each way. Services North County only. Call M-Sun 8-5 PM for service area and other details.
North County Transit District 810 Mission Ave. Oceanside, Ca. 92054 760-966-6500	Online bus route information is available and more.
Paradise Valley Hospital 2400 4 th St. National City, Ca. 91950 619-470-4321	Transportation provided to Paradise Valley Hospital and surrounding medical clinics within a 12 mile radius of hospital. Call 1 week in advance for a ride or 2 weeks in advance for wheelchair access. Call M-F 7:30-3:30 PM for more information or to reserve rides.
Peninsula Shephard Senior Center 1475 Catalina Blvd. San Diego, Ca. 92107 858-565-1392	Provides transportation to individuals who reside in the zip codes of 92106 (Point Loma) and 92107 (Ocean Beach). Donations only. No wheelchair access. Mainly grocery shopping and local appointments. Pick up and drop off from home. Call a few days ahead of time to ensure transportation.
Poway Transit 12313 Oak Knoll Rd. Poway, Ca. 92064 858-748-8152 or 877-232-7433	Fixed route transportation for Poway area. Fee is \$1.75.

Rancho San Diego Shuttle (91977) Serves the areas of Spring Street Trolley Statio South Barcelona Dr., and Austin Dr., Jamacha, Doubletree and Rancho San Diego Village. Cal F 9-5 PM 2-3 days in advance. Donations accepted. Redwood Elder Link Provides transportation services to senior citiz and disabled individuals living in Escondido for doctor appointments and shopping. Call M-F PM for more information. Rides and Smiles Provides transportation to seniors 60 years an older in Poway, Rancho Bernardo, Rancho Penasquitos, and Diamond Gateway. Must be ambulatory. Appointments need to be made 1 week in advance. Cost is a donation based on income. Please call for enrollment. Scripps Clinic Rancho Bernardo Clinic to Green Hospital in La Jolla M, W, F at 1 15004 Innovation Dr. San Diego, Ca. 92128 858-487-1800 ext. 1708 Serives the areas of Spring Street Trolley Station. Dr. AM and 11:30 AM to La Jolla and at 1 PM and PM from La Jolla. No wheelchairs. Available to Scripps patients only. There is a \$10.00 round fee. Call 1 business day in advance to schedule ride. Senior on the Go Transportation Services Offers non-emergency medical transportation Pick up charge varies according to travel distar for pick up and then \$1.25 per mile from home	M- ns 04
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4933 Calle Sobrado for pick up and then \$1.25 per mile from home	
Oceanside, Ca. 92056 destination. Door-to-door service. No lift for	to
760-758-1323 wheelchair accessibility. Service all of North	
seniorsonthego@cox.net County. Call for details M-F or e-mail.	
Sharp Chula Vista Medical Center Free door-to-door transportation for individual	5
going to and from treatment at Sharp Hospital 751 Medical Center Ct. Call 2 weeks in advance M-F 8-4 PM to assure	
Chula Vista, Cal 91911 transportation.	
619-644-4228 or 619-502-5800	
325 3 1 1 1 2 3 1 3 3 2 3 3 3 3 3 3 3 3 3 3	
Sharp Grossmont Hospital Free transportation to Sharp Hospitals. Serves	
surrounding area of hospital site. Call 2 weeks	
5555 Grossmont Center Dr. advance M-F 7-4 PM to assure transportation	n
La Mesa, Ca. 91942	n
619-644-4288 or 619- 740-6000	n

Southwest Rural 619-478-5875	Bus service for residents of Jacumba, Campo, Pine Valley, Tecate, Crest, Bolder Oaks, Viejas, going to La Mesa and El Cajon, Santee and all places between. Call M-F 7-6 PM for bus schedule and routes. \$2.00 if within 25 miles, \$3.00 if over 25 miles.
Stride 619-699-7336 ahe@sandag.org	Stride helps you find specialized transportation throughout the county.
Tri-City Medical Center 4002 Vista Way Oceanside, Ca. 92056 760-940-7433 or 760-724-8411	No charge to patients within a 7 mile radius of the medical center. Please make appointment 24 hours in advance. 7:30 AM- 3:30 PM. Lift equipped.
Veterans Affairs San Diego Health Care 3350 La Jolla Village Dr. San Diego, Ca. 92161 800-331-8387 or 858-552-8585	Offers transportation to outpatients in Mission Valley to and from appointments at the V.A. Hospital. Services most of San Diego. Call 24/7 two weeks in advance to arrange transportation and leave information on recording to assure transportation.
Vista Mileage Reimbursement Program 1400 Vale Terrace Dr. Vista, Ca. 92084 760-639-6161	There are eligibility requirements for this transportation program offering mileage reimbursement. Call for further details.
Vista Out and About Program 1400 Vale Terrace Dr. Vista, Ca. 92084 760-639-6161	Transportation only available for Vista seniors 60+ M-TH 10AM -12 PM. Door-to-door mini-bus group service for a maximum of 10 passengers. A \$1.00 donation is suggested. Call 48 hours ahead.