Family Support Groups

All groups are FREE!

- **Surviving Survivorship: Managing Life During and After a Cancer Diagnosis**
  - Thursday, January 14th, 6:00 pm – 7:00 pm
  - This group meets the second Thursday of every month
  - Mount Sinai West
    - 1000 Tenth Avenue (between 58th & 59th Streets)
    - 14th Floor - 14B Board Room  
      ➔ NOTE NEW FLOOR FOR JANUARY AND FEBRUARY
      use the main entrance to the hospital on 10th Avenue and take the main elevators to the 14th floor
  - New York, NY
  - Facilitator: Michelle Abraham, Oncology Social Worker
  - Advanced registration is required.
    - To register, please contact Inez Lendez at inez.lendez@lls.org or 212.376.4770

  Refreshments will be served!

  *This program is provided in partnership with*

  ![Mount Sinai West]

- **Leukemia & Lymphoma Patient Support Group**
  - Tuesday, January 26th, 12:00 pm – 1:00 pm
  - This group meets the last Tuesday of every month
  - The Tisch Cancer Institute / Mount Sinai
    - 1470 Madison Avenue, 3rd Floor
    - Ruttenberg Resource Room
    - New York, NY
  - Facilitator: Annabel Schaenen, LCSW
  - Advanced registration is required.
    - To register, please contact Annabel Schaenen at annabel.schaenen@mountsinai.org or 212.824.8775

  *This program is provided in partnership with*

  ![Mount Sinai]
All groups are FREE!

- Blood Cancer Support Group
  - Wednesday, January 13th, 2:00 pm – 3:00 pm
  - New York-Presbyterian Hospital / Columbia University Medical Center

  NOTE: NEW SPACE LOCATION
  Harkness Pavilion – 2nd Floor – Social Work Department
  180 Fort Washington Avenue
  New York, NY

  - Facilitators: Bridget Sheehy, LCSW and Cristie Candland, RN, BSN-OCN
  - Advanced registration is required.
  - To register, please contact Bridget Sheehy at 646.317.4965 or brs9040@nyp.org

Refreshments will be served!

This program is provided in partnership with NewYork-Presbyterian
Family Support Groups in Staten Island

All groups are FREE!

Thanks to the partnership with the Nalitt Institute for Cancer & Blood-Related Diseases, we are pleased to announce the following support groups:

- **General Cancer Support Group**
  Cancer Services at Staten Island University Hospital feel that no one should have to go through the diagnosis of Cancer alone. We are here to help by offering you a monthly support group. This way we can address your concerns and offer you the support and information that you and your family need.
  - **Monday, January 4th, 12:00 pm – 1:00 pm**
    - This group meets the 1st Monday of every month
    - Nalitt Cancer Center
    - 256C Mason Avenue, Library Conference Room, 2nd Floor
    - Staten Island, NY
  - **Group Leader:** Catherine Nyhus, LCSW-R
  - **Advanced registration is required.**
    - Please call the Cancer Information Line at the Nalitt Cancer Center, 718-226-8888.
    - **Refreshments will be served!**

- **Caregiver Support Group**
  This group is for the caretaker; you also have your own needs, concerns and questions that need to be answered. Please bring with you to this group anything you would like to discuss.
  - **Monday, January 18th, 12:00 pm – 1:00 pm**
    - This group meets the 3rd Monday of every month
    - Nalitt Cancer Center
    - 256C Mason Avenue, Library Conference Room, 2nd Floor
    - Staten Island, NY
  - **Group Leader:** Catherine Nyhus, LCSW-R
  - **Advanced registration is required.**
    - Please call Catherine Nyhus at 718-226-6465 for more information.
    - **Refreshments will be served!**
Online Chats

We know what you are going through. Let’s talk to each other.

Our live, weekly online chats provide a friendly forum to share experiences and chat with others about anything from the initial phase of diagnosis to treatment and survivorship. Each chat is moderated by an oncology social worker and is password-protected. The role of the moderator/facilitator is to provide support and guide conversation, as needed, throughout the chats. The moderator's role is largely determined by the wants and needs of participants in each chat. The online chats are not a replacement for psychotherapy or support groups. We invite you to join.

Living with NHL
This chat provides a forum for patients to address the stresses and triumphs shared by those living with NHL. This chat is open for you to discuss any issue related to living with NHL: a new diagnosis, treatment decisions, relapse, treatment side effects, emotional toll, fatigue, interpersonal relationships, clinical trials, living with uncertainty, etc.

**Every Monday & Wednesday evening**
7:30 p.m. to 10:00 p.m. ET  Register now by visiting:  [www.LLS.org/chat](http://www.LLS.org/chat)

Living with Myeloma
This chat provides a forum for patients to address the stresses and triumphs shared by those living with myeloma. This chat is open to discuss any issue related to living with myeloma: a new diagnosis, treatment decisions, relapse, treatment side effects, emotional toll, fatigue, clinical trials, living with uncertainty, etc.

**Every Tuesday evening**
8:00 p.m. to 10:00 p.m. ET  Register now by visiting:  [www.LLS.org/chat](http://www.LLS.org/chat)

YAconnect: Young Adults Living with Leukemia, Lymphoma and Myeloma
This chat provides a forum for young adult patients (ages 18-39) to address the stresses and triumphs shared by those living with survivorship issues. This chat is open for you to discuss any issue related to living with leukemia, lymphoma or myeloma: a new diagnosis, treatment decisions, clinical trials, treatment side effects, relapse, emotional toll, interpersonal relationships, fatigue, living with uncertainty and other survivorship issues.

**Every Tuesday evening**
8:30 p.m. to 10:30 p.m. ET  Register now by visiting:  [www.LLS.org/chat](http://www.LLS.org/chat)

Living with CML
This chat provides a forum for patients to address the stresses and triumphs shared by those living with CML. This chat is open for you to discuss any issue related to living with CML: a new diagnosis, treatment decisions, relapse, treatment side effects, emotional toll, fatigue, interpersonal relationships, clinical trials, living with uncertainty, etc.

**Every Tuesday and Thursday evening**
8:00 p.m. to 10:00 p.m. ET  Register now by visiting:  [www.LLS.org/chat](http://www.LLS.org/chat)
Online Chats (continued)

Caregiver Chat
This chat provides a forum for family members and friends to address the stresses and triumphs shared by those caring for someone with a blood cancer. The chat is open for you to discuss issues such as the anxiety of a new diagnosis, treatment decisions, relapse, treatment side effects, emotional and physical toll, fatigue interpersonal relationships, caregiver “burnout,” living with uncertainty, and other issues related to caring for someone with a blood cancer.

**Every Monday evening**
8:00 p.m. to 10:00 p.m. ET  
Register now by visiting:  [www.LLS.org/chat](http://www.LLS.org/chat)

Living with Acute Leukemia

►  **Adults with acute leukemia:** This chat provides a forum for patients to address the stresses and triumphs shared by those living with acute leukemia. This chat is open to discuss any issue related to living with acute leukemia: a new diagnosis, treatment decisions, relapse, treatment side effects, emotional toll, fatigue, clinical trials, living with uncertainty, etc.

**Every Thursday evening**
8 p.m. to 10 p.m. ET  
Register now by visiting:  [www.LLS.org/chat](http://www.LLS.org/chat)

*Sponsored by The Leukemia & Lymphoma Society*

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Support for the CML Chat provided by:

![Novartis Oncology](novartis.png)

Support for the Myeloma and Caregivers Chats provided by:

![Takeda Oncology](takeda.png)

Support for the NHL Chat provided by:

![Genentech & Biogen](genentech_biogen.png)