



## New Mexico

### **Renegades: Blood Cancer Support Group for Patients, Survivors and their Caregivers**

In three words, your whole world can change. You have cancer. Talking with people in similar circumstances can make a huge difference. Sometimes just being safe to say what you are thinking and feeling without being judged or given unwanted advice is the best medicine. Listening to someone else can be a welcome break from your own situation and can offer a new perspective.

The purpose of this group is to learn and share:

- About blood cancers
- Daily experiences—thoughts, feelings, complaints, and delights
- Helpful hints in taking care of yourself
- Communications with family, friends, and health team

As a result of participating in the group, you will be better equipped to care for yourself, and to communicate more easily with your family, friends, and health team.

**Our group meets on the 2nd Thursday of the month, 7:00 - 8:30pm in Albuquerque, NM.**

For more information, location and to register, please contact Oncology Social Worker Jamie McDonald, MSW, LCSW, OSW-C: (505) 291-2006.

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**For more information about our patient services programs, please contact an  
Information Specialist at our  
Information Resource Center  
(800) 955-4572**