

Looking for support for a diagnosis of Leukemia, Lymphoma, Myeloma, or another Blood Disorder?

The Leukemia & Lymphoma Society offers **FREE** support groups for blood cancer patients and survivors and their family and friends.

For more information, please contact Patient Access at (703) 399-2940.

Occasionally, group meetings are cancelled or shifted.

PLEASE CALL BEFORE COMING TO YOUR 1st MEETING.

VIRGINIA

Leukemia & Lymphoma Group, Fairfax, VA

For people diagnosed with leukemia and their family and friends
Life with Cancer Family Center, Fairfax, VA
Facilitator: Sarah Brooks and Lyn Magrum

3rd Monday of each month
Late Morning

Myeloma Group, Fairfax, VA

This group is for people diagnosed with myeloma and their family and friends
Life with Cancer Family Center, Fairfax, VA
Facilitator: Drucilla Brethwaite and Susan Carlson

3rd Tuesday of each month
Afternoon

Parents' Group, Fairfax VA

This group is for parents of children with any type of cancer and there will be activities for children with cancer and their siblings are offered concurrent to group meetings.
Life with Cancer Family Center, Fairfax, VA
Facilitator: Cathy Bottrell

4th Tuesday of the month
Evening

Young Adult Group, Fairfax, VA

This group is for anyone age 18 to "30-something" with any type of cancer diagnosis
Life with Cancer Family Center, Fairfax, VA
Facilitator: Sage Bolte and Ray Wadlow

4th Thursday of each month
Evening

Online/Telephone Support Groups

Recognizing the needs of cancer survivors from the initial phase of diagnosis through treatment decisions and survivorship, the online chat forums bring non-Hodgkin lymphoma, acute leukemia, chronic myeloid leukemia, myeloma, and young adult survivors together to share experiences and offer mutual support. There is also a chat specific to caregivers. The online chats are not a replacement for psychotherapy or support groups.

Our live, weekly two-hour online chats provide a friendly forum offered to registrants. Each chat is moderated by an oncology social worker and are password protected. The role of the moderator/facilitator is to provide support and guide conversation, as needed, throughout the chats. The moderator's role is largely determined by the wants and needs of participants in each group.

Get more information or register for the free online live chats at www.lls.org/chat

Other Area Support Groups – Not LLS Sponsored

MARYLAND

Hematology Group, Bethesda, MD

For people diagnosed with a blood cancer and their family and friends
Location: Hope Connections; Contact Janet Hadley at: (301) 634-7500

**1st Thursday of the month
Evening**

DC

Myeloproliferative Diseases Group, Washington, DC

This group is for people with Polycythemia Vera, Myelofibrosis and Essential Thrombocythemia
Sibley Memorial Hospital, Washington, DC

Facilitator: David A. – 55saveslives@gmail.com

*This group is peer led.

**Meets Quarterly
Evening**

Multiple Myeloma Group, Washington, DC

This group is for people diagnosed with myeloma and their family/friends.

GWU Medical Faculty Associates

Facilitator: Jennifer Bires - (202) 741-2218

**3rd Tuesday of every month
Evening**

Young Adult Group, Washington, DC

This group is for young adults ages 19 – 39 diagnosed with any type of cancer

Smith Center for Healing & The Arts

Facilitator: Jennifer Bires – RSVP: Programs@smithcenter.org

**3rd Sunday of each month
Early evening**

VIRGINIA

Latinos Unidos, Arlington, VA

Hispanic General Cancer Support Group

Grupo de Apoyo para Hombres y Mujeres con Diagnostico de Cancer

Inquilinos y Trabajadores Unidos

Arlington Free Clinic, Arlington, VA

Facilitador: David M. – (703) 698-2529

**Cada tres meses
En la tarde**

Aprendiendo Juntos, Fairfax, VA

Aprender información útil para los sobrevivientes y sus seres queridos.

Registración mandatorio. Para más información, llamar a David M.: (703) 698-2529

Life with Cancer Family Center, Fairfax, VA

Facilitador: David M.

**Cada tres meses
En la tarde**