Asking questions will help you take an active role in managing your (or your child’s) care. If you do not understand any part of the information your representative gives you, ask him or her to explain it in another way.

1. Can I seek a second opinion without anyone’s permission? If not, whose permission do I need?

2. What expenses associated with a second opinion will my health care plan pay for?

3. What expenses associated with a second opinion will my health care plan NOT pay for?

4. If I need my primary care doctor’s permission to get a second opinion and she or he refuses, how can I appeal?

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