



**BEATING
CANCER
IS IN
OUR BLOOD.**

YOUR
QUESTIONS
ANSWERED
ABOUT
CORONAVIRUS
(COVID-19)

 LEUKEMIA &
LYMPHOMA
SOCIETY



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OUR MISSION

The mission of The Leukemia & Lymphoma Society (LLS) is: Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families.

We fund **RESEARCH** to advance lifesaving treatments

We drive **ADVOCACY** for policies that protect patient access to lifesaving treatment

We provide patients and families with hope, guidance, education and **SUPPORT**

 LEUKEMIA &
LYMPHOMA
SOCIETY

In these times of uncertainty, blood cancer patients and their families need our help more than ever. We're committed to working tirelessly toward our mission each and every day. To address their unique concerns during this time, LLS will amplify our efforts to provide free information and support to blood cancer patients and their families. We will also advocate for policies that will protect patients.



Gwen Nichols, MD
 Chief Medical Officer
 The Leukemia & Lymphoma Society

BEATING CANCER IS IN OUR BLOOD.



LLS Online and Virtual Support during the COVID-19 Outbreak
 Resources listed below can be found at www.lls.org

The Leukemia & Lymphoma Society (LLS) is here for you! Speak one-on-one with an Information Specialist who can assist you through cancer treatment, financial and social challenges and give accurate, up-to-date disease, treatment and support information. Our Information Specialists are master's level oncology social workers, nurses and health educators.

- How to Contact an Information Specialist:**
- Call: (800) 955-4572 (Monday to Friday, 9 a.m. to 5 p.m. ET)
 - Leave a message 24/7 and we'll call back. Call (800) 955-4572 to use the automated response system 24 hours a day, seven days a week. An Information Specialist will return your call the next business day. You can also listen to recorded information about LLS and our programs.
 - Chat live online: [click here to chat](http://www.lls.org) (Monday to Friday, 10 a.m. to 7 p.m. ET)
 - Email: [click here](mailto:info@lls.org). All email messages are answered within one business day.

LLS Online and Virtual Support during the COVID-19 Outbreak

The following resources are always available on LLS.org, but may be particularly helpful to blood cancer patients, caregivers and healthcare professionals during the COVID-19 outbreak.

For updates from LLS about Coronavirus, please check this page regularly [CORONAVIRUS: RESOURCES & WHAT YOU SHOULD KNOW](http://www.lls.org/coronavirus-resources)

The LLS Blog - A place where patients and caregivers can read about survivorship, research, fundraising and advocacy.

Recent COVID-19 entries include:

- **4 Things Cancer Patients Need to Know about the Coronavirus**
 By Gwen Nichols, MD, LLS Chief Medical Officer | March, 2020
- **Helping Blood Cancer Patients Adjust to the New Normal**
 By Gwen Nichols, MD, LLS Chief Medical Officer | March, 2020

LLS Community - An online support forum to get connected with other patients and caregivers and stay up-to-date on the latest diagnosis and treatment news.

Weekly Online Chats - Live, weekly online chats moderated by an oncology social worker that provide a friendly forum to share experiences and chat with others about anything from the initial phase of diagnosis to treatment and survivorship.

Patti Robinson Kauffman First Connection program - Peer to peer support to connect with other patients and caregivers who have gone through similar experiences.



LLS Online and Virtual Support during the COVID-19 Outbreak
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The Bloodline with LLS Doctors - Disease-specific and general survivorship episodes for download that remind you there is hope after a diagnosis. Listen in as experts and patients guide listeners in understanding diagnosis, treatment, and resources available to blood cancer patients.

Caregiver support resources - Online chats, webcasts and resources including the Caregiver Workbook with worksheets to help you stay organized, and information and resources to use throughout the caregiving journey.

One-On-One Nutrition Consultations - Patients and caregivers may receive free one-on-one phone and email consultations with a registered dietitian with expertise in oncology nutrition.



Reputable websites/COVID-19 resources

The following resources may be helpful to patients and families during the COVID-19 outbreak.

CDC Website for real time updates and recommendations:
<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

CDC if You Are at Higher Risk:
<https://www.cdc.gov/coronavirus/2019-nCoV/specific-groups/high-risk-complications.html>

* There are really good tips in this post for individuals who are at risk of getting sicker from COVID-19

CDC What to do if you are sick:
<https://www.cdc.gov/coronavirus/2019-nCoV/about/step-when-sick.html>

CDC Keeping the workplace, school and home safe:
<https://www.cdc.gov/coronavirus/2019-nCoV/downloads/workplace-school-and-home-guidance.pdf>

CDC Cleaning: How to clean and disinfect:
<https://www.cdc.gov/coronavirus/2019-nCoV/community/home-cleaning-disinfection.html>

COCSAMSA's DISASTER DISTRESS HELPLINE:
 1-800-855-5999 or text TALKwithUs to 62746

CONTACT YOUR LOCAL COUNTY HEALTH DEPARTMENT WEB SITE for LOCAL UPDATES
<http://www.hhs.gov/coronavirus/2019-nCoV/>

NOTE: The Leukemia & Lymphoma Society provides this information as a courtesy and in no way implies endorsement of the organizations or resources listed.

www.LLS.org/COVIDwebcast

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- **Information Specialists**

Master's level oncology professionals, available to help cancer survivors navigate the best route from diagnosis through treatment, clinical trials and survivorship.

- **Email:** infocenter@LLS.org
- **Toll-Free Phone:** [1-800-955-4572](tel:1-800-955-4572)

- **Ask Congress to do more to protect cancer patients.**

- **Text** "LLS COVID" to **69866** to take action*
- **For more information, visit** www.LLS.org/COVIDadvocacy

** Recurring Mgs & Data Rates may apply. Text "STOP" to quit, "HELP" for info.*



Ruben A. Mesa, MD, FACP

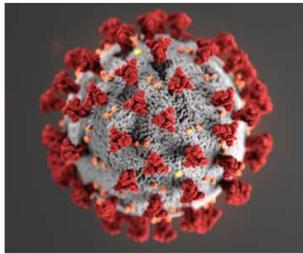
Director

**Mays Cancer Center at UT Health San Antonio MD Anderson
Mays Family Foundation Distinguished University Presidential Chair**

Professor of Medicine

Board Member, LLS National Board of Directors

What is this new, novel Coronavirus (COVID-19)?



- Is Coronavirus and COVID-19 the same thing?
- I heard that COVID-19 is a pandemic. What does that mean?
- Why are we taking such extraordinary steps to combat this virus?

As a blood cancer patient/survivor am I considered to have a compromised immune system?

- Will my immune system always be compromised?
- What can I do to boost my immune system?



REDUCING YOUR RISK

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YOUR QUESTIONS ANSWERED ABOUT CORONAVIRUS (COVID-19)

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Am I at greater risk of getting COVID-19 as a blood cancer patient/survivor?

- If I am in a watch-and-wait protocol?
- If I am in active treatment?
- If I have been in remission for an extended period of time?

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What is the difference between 'social distancing' and 'self quarantine'?



- Do they recommend different quarantine measures for different types of blood cancers?
- How long can the virus survive on surfaces?



If I test positive for coronavirus (COVID-19), how do I know when it is safe to be around others again?

- If I test positive and recover, will I be immune from getting COVID-19 again?
- I heard that COVID-19 only impacts adults and that children are immune. Is this true?

RECEIVING CARE

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YOUR QUESTIONS ANSWERED ABOUT CORONAVIRUS (COVID-19)

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With there being a shortage of personal protective equipment (PPE), is it safe to get a stem cell transplant?



- Will all hospitals and doctor's offices have televisits or practice telemedicine as an alternative to in-person appointments?
- Are patients able to continue treatment even as hospitals become more and more crowded?

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Some hospitals are dismissing elective surgeries and procedures. Does a PET scan fall into that category?

- Is there any information on effects of COVID-19 while on immunotherapy?
- Is there special care for pediatric patients?

THE FUTURE

What is the timeline for a vaccine being available to the public?



- If the vaccine developed for COVID-19 is a live vaccine, will blood cancer patients be able to receive it?
- Is there evidence to suggest that seasonal changes may reduce or prevent new COVID-19 cases?

QUESTIONS & ANSWERS

RESOURCES

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- **Ask Congress to do more to protect cancer patients.**
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 - For more information, visit www.LLS.org/COVIDadvocacy

- **NEW CHAT! “Banding Together: Feeling Good Fridays”**

This new online chat is open to all blood cancer patients and caregivers to provide support, encourage dialogue and connect with each other as we continue to cope with Coronavirus (COVID-19) and its effects on our world.

- **When: Fridays, 1:00-3:00 pm EST**
 - **Starting Friday, 3/27**
 - **Ending Friday, 5/29**
- www.LLS.org/chat



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- **Information Specialists**

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- Email: infocenter@LLS.org
- Toll-Free Phone: **1-800-955-4572**

- **Clinical Trial Support Center**

Work one-on-one with an LLS Clinical Trial Nurse Navigator who will personally assist you throughout the entire clinical-trial process. Clinical Trial Nurse Navigators are registered nurses with expertise in blood cancers.

- Email: www.LLS.org/CTSC

- **Additional LLS Information about Coronavirus**

- www.LLS.org/Coronavirus



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- **Center for Disease Control and Prevention (CDC):**

- www.cdc.gov

- **World Health Organization (WHO):**

- www.who.int

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THANK YOU

Visit www.LLS.org/PatientSupport
for more support information.

We have one goal: A world without blood cancers



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