WORKSHEET 6C
APPOINTMENT DETAILS

Use this sheet to plan the details of an appointment in advance.

Date: ________________________________________________

Time: ________________________________________________

Location: ____________________________________________

Provider Name: ______________________________________

Reason:
☐ Office Visit
☐ Imaging
☐ Lab Work
☐ Treatment
☐ Surgery
☐ Other ______________________________________________

Transportation:
____________________________________________________

Lodging:
____________________________________________________

Questions for the Healthcare Team:
__________________________________________________________________________________________________________
__________________________________________________________________________________________________________
__________________________________________________________________________________________________________

Notes:
__________________________________________________________________________________________________________
__________________________________________________________________________________________________________
__________________________________________________________________________________________________________

Appointment Tote Bag Checklist

Don’t forget to take these items with you, especially on long appointment days.

☐ Medical history
☐ List of medications
☐ Health insurance card
☐ List of questions
☐ Book, magazine, puzzle book
☐ Music player and headphones
☐ Phone charger
☐ Blanket and/or extra cardigan
☐ Water bottle
☐ Snacks
☐ __________________________
☐ __________________________
☐ __________________________