



### WELCOMING REMARKS OPTIMIZING OUTCOMES: MULTIPLE MYELOMA



**Lizette Figueroa-Rivera, MA** Sr. Director, Education & Support The Leukemia & Lymphoma Society



### • FACULTY OPTIMIZING OUTCOMES: MULTIPLE MYELOMA



Benjamin Derman, MD Assistant Professor, Medicine University of Chicago Chicago, IL





# Disclosures

I declare advisory board fees Janssen and COTA, Inc.

I am an independent reviewer of a clinical trial for BMS.

I will be discussing off label and/or investigational use of therapies.



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 Objectives

 • Smoldering Myeloma

 • To Treat or Not to Treat?

 • Newly Diagnosed Multiple Myeloma

 • Quadruplets for all?

 • Stem cell transplant for all?

 • MRD as a decision aid?

 • Relapsed/Refractory Multiple Myeloma

 • Bispecific antibodies

 • CAR T-cell therapy



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Epidemiology of	MGUS and	d SMM	
Driven by MGUS <ul> <li>Risk increases with age</li> </ul>	Study	Prevalence of MGUS	Prevalence of Smoldering Myeloma
<ul> <li>More common in males</li> <li>Higher in African Americans (3x)</li> <li>Pisk of progression to MM –</li> </ul>	Kyle et al. NEJM 2006 (Mayo)	50-59: 1.7% <u>&gt;</u> 70: 5.3% <u>&gt;</u> 85: 7.5%	NR
<ul> <li>Higher if first-degree relatives (2.6x)</li> </ul>	iSTOPMM (Iceland)*	40-59: 2.3% 60-79: 6.2% <u>&gt;</u> 80: 12.3%	<u>&gt;</u> 40: 0.53% <u>&gt;</u> 70: 1.08% <u>&gt;</u> 80: 1.59%
	PROMISE (US, 'at-risk' group)^	40-49: 6% 50-59: 11% 60-69: 15% 70-79: 18%	NR
Kyle et al. N Engl J Med 2006; 354:1362-1369 Landgren et al. Blood; 2006 Feb 1;107(3):904-6 Landgren et al. Mayo Clin Proc; 2007 Dec;82(12):1468-73 Vachon et al. Blood; 2009 Jul 23;114(4):785-90		<u>&gt;</u> 80: 26%	
UChicago *Kristin *Thors Medicine ^EI-Ki	nsson et al. ASH 2021; a teinsdottir et al. ASH 20 noury et al. The Lancet H	abstract 156 21; abstract 151; Nature I Haematology 2022	Medicine 2023 8



		IMV	VG Lo	gistic Re	egression Score	•	
		IMWG Scor	е		₹ 100 ₹ 80 ₹	High-risk g	roup Intermediate-risk
Score	sFLC Ratio	M-protein (g/dL)	BM PC %	FISH studies			Low-intermediate-
0	0-10	0-1.5	0-15		tilitado		
2	>10-25		>15-20	t(4;14), t(14;16), +1q, or del13q		, , , , , , , , , , , , , , , , , , ,	9 10 11 12
3	>25-40	>1.5-3	>20-30		Time to p	rogression (years)	
4 5	>40	>3	>30-40		Risk Category (score)	Score	Progression at 2 years
6			>40		Low	0-4	4%
					Low-Intermediate	5-8	26%
					Intermediate	9-12	51%
					High	>12	73%
	<mark>UChicago</mark> Medicine				Mateos et al. <i>BCJ</i> 2020 Oct; 10	(10): 102	10























R	ANDOMIZE	D	NONRANDOMIZED		
Trial Identifier	Intervention Arm	Control Arm	Trial Identifier	Intervention Arm	
Primary Endpt			ASCENT	Dara-KRd x 12 $\rightarrow$ Dara-Rd x 12	
NCT04270409 (est. n=300) PFS	Isatuximab-Rd	Rd	GEM-CESAR	$KRd \ge G  MEL/ASCT  KRd \ge Z  Rd \ge Z$	
			CAR-PRISM	Cilta-cel	
DETER-SMM (est. n=288) OS/Qol	Daratumumab- Rd	Daratumumab- Rd Rd	B-PRISM	Dara-VRd x 24	
			E-PRISM	$Elo-Rd \rightarrow Elo/R$	
AQUILA (est. n=390)	Daratumumab Observation	NCT01572480	$KRd x 8 \rightarrow R x 12-24$		
PFS			NCT02960555	Isatuximab x 30	
HO147SMM (est. n=120)	KRd/R	Rd/R	NCT02916771	Ixazomib-Rd x 9→ Ixa-R x 15	
PFS			NCT04776395	Iberdomide	



Myeloma Alphabet Soup							
	Immunomodul atory Imides	Proteasome Inhibitors	Monoclonal antibodies	Alkylating Agents	Nuclear Exports	Bispecific antibodies	CAR T-Cell Therapy
Mechanism of Action	Binds to cereblon, and targets of <u>Ikaros &amp; Aiolos</u> for proteolysis	Decreases degradation of misfolded proteins and pro-apoptotic factors	Anti-CD38 (Dara, Isa) and Anti- SLAMF7 (Elo) mAbs	Cross-link strands of DNA, leading to DNA strand breaks and abnormal base pairing	Inhibits XPO1, reactivates tumor suppressor proteins	Bind to CD3 on T- cells and target on myeloma cells	Adoptive T-cell therapy targeted toward specific antigens on cell surface (BCMA)
Drugs in Class	Lenalidomide (R) Pomalidomide (P)	Bortezomib (V) Carfilzomib (K) Ixazomib (I)	Daratumumab (Dara) Elotuzumab (Elo) Isatuximab (Isa)	Cyclophosphamide (Cy) Melphalan	Selinexor (S, X)	Teclistamab Elranatamab Talquetamab	Ide-cel Cilta-cel
Side Effects	Diarrhea (R>P) Cytopenias (P>R) Blood clots Birth defects 2 <sup>nd</sup> Cancers	V: Neuropathy K: HTN, heart failure I: Neuropathy	Infusion reactions Infection	Cytopenias (more pronounced)	Cytopenias Fatigue (extreme) Diarrhea	Infections Cytopenias Skin/nail (talq) Taste (talq)	CRS ICANS HLH/MAS Cytopenias
UChi Med	icago licine	d=dexamethaso	ne (basic but has a	nti-myeloma effect	s)		22













Irial	Regimen	Estimated 3-year PFS
GRIFFIN (Dara-VRd)²	Dara-VRd x 4 $\rightarrow$ ASCT $\rightarrow$ Dara- VRd x 2 $\rightarrow$ Dara-R x 26	94% for 0 HRCA 91% for 1 HRCA
, , , , , , , , , , , , , , , , , , ,		54% for 2+ HRCA
MASTER <sup>3</sup>	Dara-KRd x 4 $\rightarrow$ ASCT $\rightarrow$ up to Dara-KRd x 8 $\rightarrow$ Off treatment	88% for 0 HRCA 79% for 1 HRCA
		50% for 2+ HRCA
OPTIMUM MUKnine⁴	Dara-CVRd x 6 $\rightarrow$ ASCT $\rightarrow$ Dara- VRd x 6 $\rightarrow$ Dara-VR x 12 $\rightarrow$ Dara- R until progression	~75% overall
IFM 2018-04⁵	Dara-KRd x $6 \rightarrow$ ASCT #1 $\rightarrow$ Dara-KRd x $4 \rightarrow$ ASCT #2 $\rightarrow$ Dara-R x 2 years	~70% overall
GMMG-CONCEPT (ASCT- eligible) <sup>6</sup>	Isa-KRd x 6 → ASCT → Isa-KRd x 4 → Isa-KR x 26	69% overall 70% for 1 HRCA <b>55% for 2+ HRCA</b>
SWOG S1211 (Elo-VRd) <sup>7</sup>	Elo-VRd indefinitely	~45% overall
Elo-KRd <sup>8</sup>	Elo-KRd x 8 $\rightarrow$ MRD-guided Elo- KRd or Elo-Rd indefinitely	86% for 0 HRCA 61% for 1+ HRCA















Re	ecent FDA Approv	als	
Agent	Mechanism	Indication	
Idecabtagene Vicleucel (ABECMA)	BCMA-directed CAR T- cell Therapy		
Ciltacabtagene Autoleucel (CARVYKTI)	BCMA-directed CAR T- cell Therapy	4+ prior lines of therapy	
Teclistamab (TECVAYLI)	BCMA-directed bispecific antibody	(triple-class exposed)	
Elrantamab (ELREXFIO)	BCMA-directed bispecific antibody		
Talquetamab (TALVEY)	GPRC5D-directed bispecific antibody		
UChicago Medicine			3







	KarMMA-3	: Ide-cel Toxi	city
	lde-cel	SOC	
Neutropenia	78%	44%	
Infections Gr 3-5	58% 28%	54% 20%	**19/254 (7.5%) patients in the ide-cel group did not
CRS	<b>88%</b> (most grade 1-2)	-	receive CAR T-cells due to death, manufacturing failure
Neurotoxicity	<b>15%</b> (most grade 1-2)	-	or MD withdrawal
<b>Deaths</b> All-cause G5 AEs Infection-related Treatment-related	<b>30%</b> 14% 5% 3%	26% 6% 5% 1%	
UChicago Medicine			Rodriguez-Otero et al. NEJM 2023 4(



## Cilta-Cel Side Effects Low blood counts are common Cytokine Release Syndrome (CRS): 92% Second Cancers: 23% (10% hematologic malignancies) Neurologic changes: 20.6% total (10% severe) **ICANS: 16%** Parkinsonism: 5 patients (5%), median onset 43 days Resolution in only 50% • Mitigation strategies Reduce tumor burden prior to infusion (optimize bridging) Early aggressive CRS/ICANS management Bell's palsy UChicago 42 Medicine











BCM	A-Direct	ed BsAb's	: Infections	are Com	nmon!
	Alnuctamab	Elranatamab	Linvoseltamab	ABBV-383	Teclistamab
Dose R2PD	30mg qW (SQ)	76mg weekly (SQ)	200mg qW/q2W	60mg IV q3W	1.5mg/kg SQ weekly
Total N	26	123	167	124	165
Median Age	63	68 (36-89)	64 (41-90)	58 (35-92)	64 (33-84)
Median prior lines	4	5	6	5	5
Triple Class Refract	96%	96.7%	90%	82%	78%
Efficacy					
ORR	65%	61%	64% @ 200 mg	68% (n=49; ≥40mg doses)	63%
≥VGPR	46%	NA	58%	54%	58.8%
Median DOR (mo)	NA	72% @ 12 mos.	NR (89% @ 6 mos.)	72.2% @ 12 mos.	18.4 mos.
Safety (Grade 3/4)					
CRS	53% (0%)	58% (0%)	37% (1%)	57% (2%)	72% (0.6%)
Neurotoxicity	2% (0%)	3.4% (0%)	4% (0%)	2%	14.5% (0.6%)
Infection	34% (9%)	67% (35%)	54% (29%)	41% (25%)	76% (45%)
Neutropenia	37% (32%)	48% (48%)	20% (17%)	37% (34%)	71% (64%)
Reference	Wong et al. ASH 2022	Bahlis et al ASH 2022	Bumma et al. ASH 2022	D'Souza et al. JCO 2022	Moreau et al. NEJM 2022



AEs (≥20% of any RP2D cohort),	0.4 mg/kg SC QW <sup>a</sup> 0.8 mg/kg S of any (n=143) (n=14 rt), mFU, 11.0 months <sup>b</sup> mFU, 5.1 n		sC Q2Wª 145) months <sup>c</sup>	
n (%)	Any Grade	Grade 3/4	Any Grade	Grade 3/4
CRS	113 (79.0)	3 (2.1)	105 (72.4)	1 (0.7)
Skin-related AEs <sup>d</sup>	80 (55.9)	0	98 (67.6)	1 (0.7)
Nail-related AEs <sup>e</sup>	74 (51.7)	0	63 (43.4)	0
Dysgeusia <sup>f</sup>	69 (48.3)	NA	67 (46.2)	NA
Rash-related AEs <sup>g</sup>	56 (39.2)	2 (1.4)	39 (26.9)	8 (5.5)
Weight decreased	57 (39.9)	3 (2.1)	47 (32.4)	2 (1.4)
Pyrexia	53 (37.1)	4 (2.8)	35 (24.1)	1 (0.7)
Asthenia	37 (25.9)	3 (2.1)	13 (9.0)	2 (1.4)
Dry mouth	36 (25.2)	0	53 (36.6)	0
Diarrhea	34 (23.8)	3 (2.1)	32 (22.1)	0
Dysphagia	34 (23.8)	0	33 (22.8)	3 (2.1)
Fatigue	32 (22.4)	5 (3.5)	29 (20.0)	1 (0.7)
Decreased appetite	25 (17.5)	2 (1.4)	29 (20.0)	2 (1.4)
Infections	57%	17%	51%	12%







Bispecific Antibodies and CAR T-cell Therapy in Myeloma					
	Bispecific Antibody Therapy	CAR T-cell Therapy			
Availability / Speed	High / Quick (off the shelf)	Low / Slow (personalized)*			
Lymphodepletion needed?	No	Yes (Flu/Cy or Benda)			
Setting of infusion	Inpatient (5-10d) $\rightarrow$ Outpatient	Mostly inpatient (~14-21d)			
Regulatory	REMS	Accreditation + REMS			
Important toxicities	CRS & neurotoxicity Infections	CRS & neurotoxicity MAS/HLH Cytopenias / Infections B-cell aplasia			
Dosing	Tec/Elra/Talq: qweekly→q2wk	"One and done"			
Activity	High rates of response	High rates of response			
Durability	Teclistamab: mPFS 11.3 months Elranatamab: mPFS ~15 mos.	Ide-cel: mPFS 13.3 months Cilta-cel: mPFS 34.9months			
Combine with other agents	Likely	?			
WChicago Medicine		*allo-CAR T can be off the shelf 53			





## ASK A QUESTION HIGHLIGHTS IN THERAPY: CHRONIC MYELOID LEUKEMIA

Ask a question by phone: Press star (\*) then the number 1 on your keypad.

Ask a question by web: Click "Ask a question" Type your question Click "Submit"

Due to time constraints, we can only take one question per person. Once you've asked your question, the operator will transfer you back into the audience line.



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