

#### **DISCLOSURES**

Chronic Lymphocytic Leukemia (CLL): What Are My Treatment Options?

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#### **Objectives**

- Briefly discuss natural history of CLL
- Discuss useful prognostic markers in CLL
- Discuss criteria for the initiation of therapy
- Discuss specific therapies for CLL
- Discuss what may be coming next

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# **Chronic Lymphocytic Leukemia: Background and Natural History**

- Most prevalent leukemia (~ 15,000 cases per year)
- Disease of older patients, median age at diagnosis 72 years
- 3:2 male-to-female ratio; Caucasian > African American >>> Asian
- ~ 4,500 deaths per year
- Absolute survival has increased during past 2 decades

	1980–1984	2000–2004	р
5-Year	54.2%	60.2%	< .0001
10-Year	27.8%	34.8%	< .0001

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American Cancer Society, 2008; Rai et al, 1975; Brenner et al, 2008.

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#### **CLL Prognostic Factors**

- Heterogeneous disease with survival ranging from months to 25+ years from diagnosis
- Prognostic factors commonly used
  - Stage
  - Lymphocyte doubling time
  - Beta 2 microglobulin
  - IGHV mutational status
  - FISH/Stimulated karyotype
  - TP53 mutation

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## **Rai Staging**

Rai Stage	Finding	Modified Rai Classification	
0	Lymphocytosis	Low Risk	
I	Lymphadenopathy	Intermediate Risk	
II	Splenomegaly and/or Hepatomegaly		
III	Anemia (<11 g/dL)	High Risk	
IV	Thrombocytopenia (<100 k/uL)		
Category is assigned based on highest risk finding			

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Rai et al., Blood 1975; Hallek at al., Blood 2018.

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#### **IGHV Mutational Status**

- Indicates the divergence of the immunoglobulin heavy chain variable region from the germline sequence.
- Higher levels indicate greater amounts of normal somatic hypermutation, and suggest a more mature precursor cell
- Currently the strongest predictor of prognosis

Hamblin, Blood 1999.

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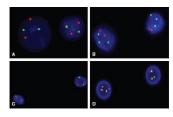
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Metaphase spread



- A. Normal
- **B.** Trisomy
- C. Deletion
- D. Translocation

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# Implications of FISH/Cytogenetics on Prognosis

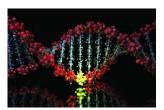
- Del(13q), the most common abnormality, indicates indolent disease when detected as the sole abnormality (>50% of pts)
- Trisomy 12 indicates intermediate prognosis (~30% of pts)
- Del(11q) results in loss of the tumor suppressor ATM and is associated with more aggressive disease (~20% of pts)
- Del(17p) results in loss of the tumor suppressor TP53 and is associated with more aggressive disease (~10% of pts)
- Complex karyotype (≥ 3 abnormalities) is associated with more aggressive disease

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#### **TP53 Mutation**

- Mutations are common in CLL, but most mutations are shared infrequently (2-5% of patients)
- TP53 mutations are seen in about 10-15% of patients at diagnosis.
- 80% of the time, mutations co-exist with del(17p)



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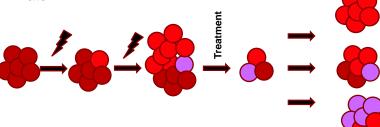
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#### **Can Prognosis Change Over Time?**

- IGHV mutational status does not change
- Cytogenetic abnormalities and gene mutations can, a process called clonal evolution

TP53 abnormalities seen in 10% at baseline, but ~40%



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## **Indications for Therapy**

Category	Reasons for Treatment	
CLL-related symptoms	Significant B symptoms (eg, night sweats, weight loss, fever without infection, severe fatigue)	
Tumor burden	Progressive lymphadenopathy     Progressive splenomegaly     Lymphocyte doubling time <6 months (if ALC >30 x 10 <sup>9</sup> /L)     Threatened end-organ function (eg, enlarged lymph node obstructing biliary tree)	
Bone marrow failure	Progressive anemia (Hgb <11 mg/dL)     Progressive thrombocytopenia (platelets <100K)	
Immune dysfunction	Autoimmune anemia and/or thrombocytopenia poorly responsive to corticosteroids or other standard therapy	

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#### Why Don't We Treat at Diagnosis?

- Multiple clinical trials have investigated this question none yet have shown a survival advantage to early treatment.
- This remains a question of interest, especially with advances in prognosis (so high risk patients can be targeted) and with newer better tolerated therapies.

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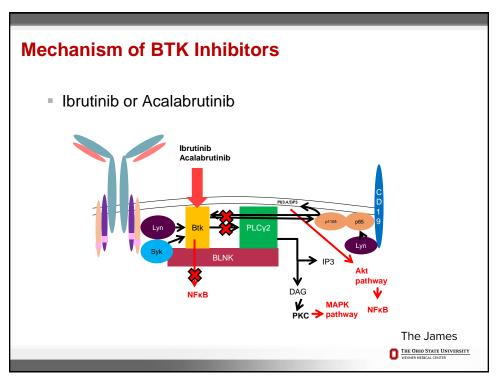
# **Natural History of CLL Has Been Changed by Targeted Therapy**

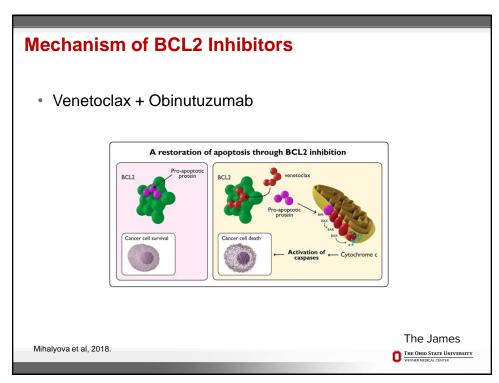
- Therapies used in the front line setting
  - Ibrutinib
  - Ibrutinib/rituximab
  - Ibrutinib/obinutuzumab
  - Acalabrutinib
  - Venetoclax/obinutuzumab
  - FCR
  - Other CIT (BR, Chlorambucil/obinutuzumab)

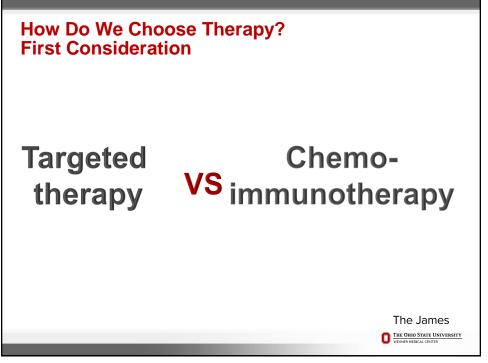
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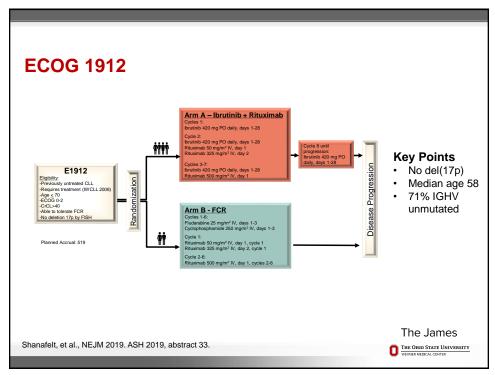
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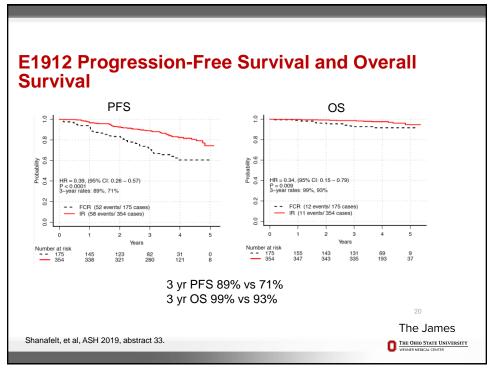
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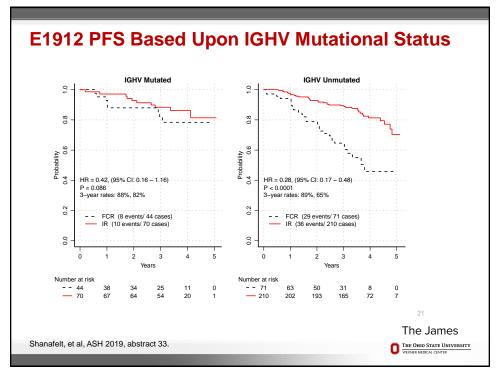


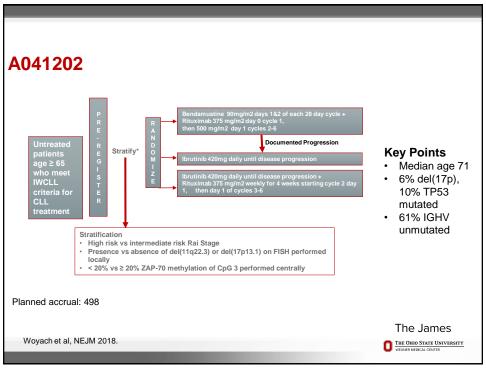


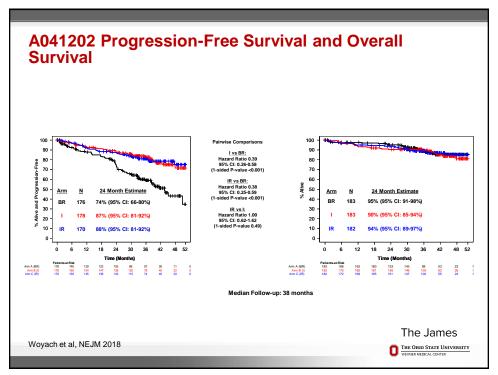


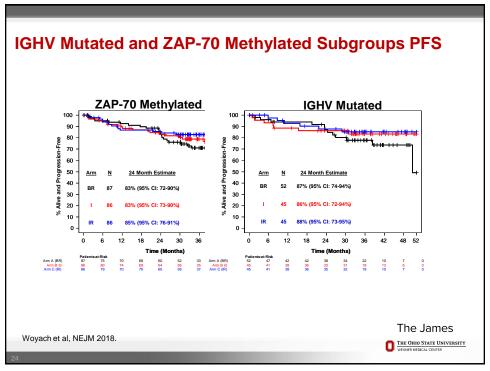


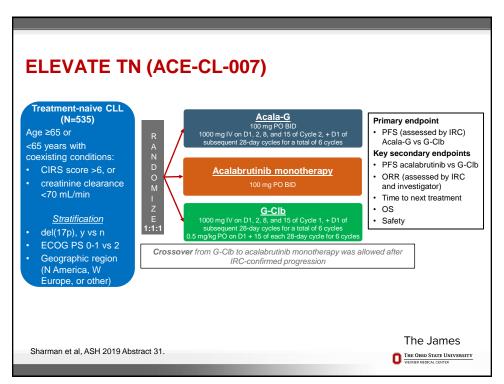


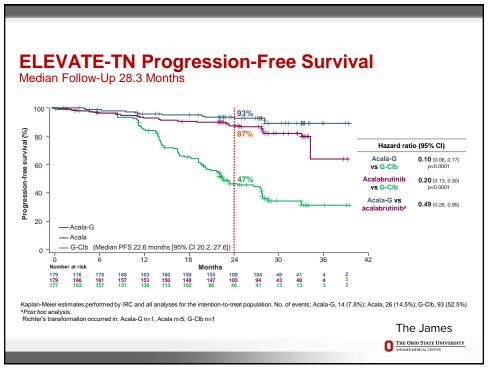


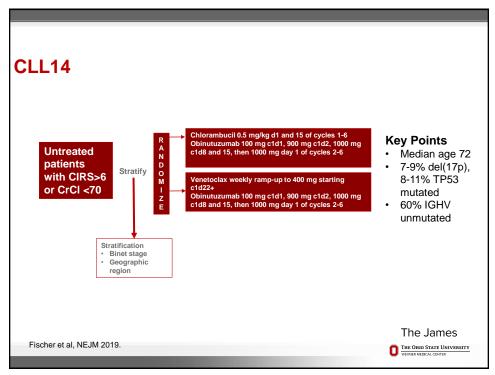


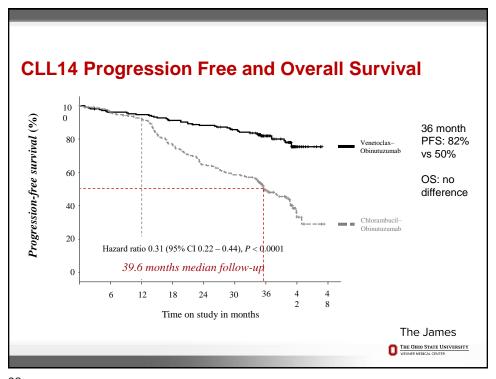












#### What Do These Trials Tell Us?

- BTKi +/- anti-CD20 antibody is more effective than chemoimmunotherapy in the treatment of CLL
  - For the subset of IGHV mutated, this may not be true, especially with FCR
- Anti-CD20 antibodies may be better combined with acalabrutinib than ibrutinib
- Venetoclax + obinutuzumab is more effective than chlorambucil + obinutuzumab
- At 2 years, PFS for VO is similar to what is reported for ibrutinib
- Long term results will be critical to determine which regimen is more effective

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Second Consideration: How to Choose Between Targeted Therapies?

Ibrutinib
vs
Acalabrutinib
vs
Vs
Venetoclax

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#### **Efficacy Considerations**

- At 2 years, ibrutinib, acalabrutinib, and venetoclax/obinutuzumab appear relatively equivalent
  - There might be a difference in TP53 altered patients
  - IGHV?
- There is much more long-term data with ibrutinib than either venetoclax or acalabrutinib
- Acalabrutinib and ibrutinib are being compared head to head in relapsed CLL, and venetoclax/obin will be compared to ibrutinib, so data on these will be available...someday

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#### **Safety Considerations**

- Ibrutinib toxicities: Atrial fibrillation (10-15%, more with older patients), Hypertension (7-30% significant), Bleeding (G3+ <5%), Ventricular arrhythmias (<1%, risk factors unclear)
  - There is much more long term data with ibrutinib
- Acalabrutinib toxicities: Atrial fibrillation (<5%), Bleeding (significant <5%)</li>
- Venetoclax toxicities: Neutropenia (significant 50%),
   Febrile neutropenia (5%), Diarrhea (significant <5%)</li>

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#### **Intangibles**

- Fixed duration venetoclax/obin vs indefinite BTKi
- More intensive run-in venetoclax/obin vs BTKi
- Once daily ibrutinib vs twice daily acalabrutinib
- Cost

Conclusion: Choice of BTKi vs Venetoclax/obin is patient-specific and involves discussion of data and considerations of pros/cons with each therapy

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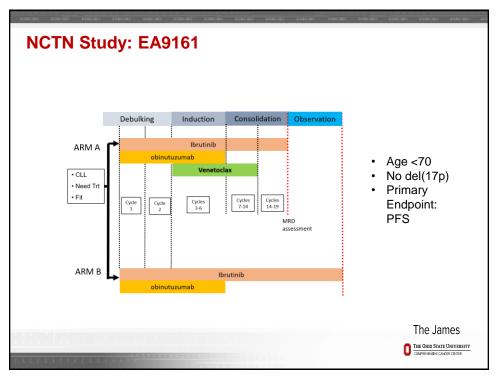
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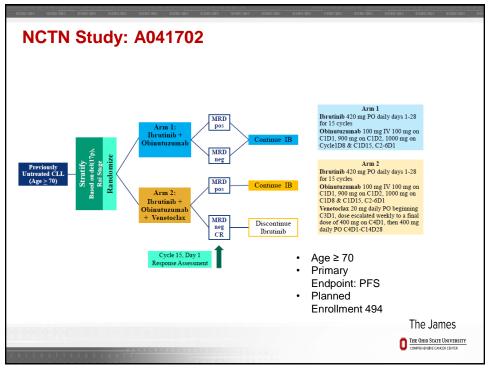
#### What Is the Future of CLL Frontline Therapy?

- Combination vs single targeted therapy to allow BTKi discontinuation
  - Excellent data from single arm studies of IVO, IV, AVO
- Combinations of CIT and novel therapies: I-FCG, others
- New therapies or strategies

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#### What Happens If the CLL Comes Back?

- It depends...
  - What do we mean by relapse?
  - What are the prognostic factors?
  - What was the initial treatment?

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#### **What Was the Initial Treatment?**

- Chemotherapy?
- Venetoclax/obinutuzumab (or other time-limited targeted treatment)?
- Ibrutinib or acalabrutinib given continuously?



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#### If Initial Treatment Was Chemotherapy...

- Lots of options!!
  - Ibrutinib
  - Acalabrutinib
  - Venetoclax/rituximab
  - Idelalisib/rituximab
  - Duvelisib
  - Repeat chemotherapy regimen (not my top choice)



### But will they work?

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#### **Answer: Yes!**

- Most of the data we have for outcomes comes from patients who were previously treated with chemotherapy.
- Ibrutinib: Average progression-free survival 52 months
- Acalabrutinib: At 45 months, 62% were progression-free
- Venetoclax/rituximab: At 48 months, 57% were progression-free

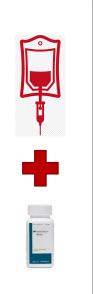
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#### **If Initial Treatment Was** Venetoclax/Obinutuzumab...

- Many options for targeted therapies
  - Ibrutinib
  - Acalabrutinib
  - Venetoclax/rituximab
  - Idelalisib/rituximab
  - Duvelisib
  - Could also consider repeating initial therapy depending on remission duration

#### But will they work?



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#### **Answer: Probably**

- No clinical trials have been performed specifically to address second-line therapy in patients previously on venetoclax/obinutuzumab
  - But, there is no reason why other therapies would not work
- Recent data from ASH 2019 shows that BTK inhibitors are effective after venetoclax. PI3K inhibitors are less so, but still have activity
- Repeating venetoclax is not clearly effective (yet)

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## If Initial Treatment Was Ibrutinib or Acalabrutinib...

- Options remain for targeted therapies
  - Acalabrutinib
  - Venetoclax/rituximab
  - Idelalisib/rituximab
  - Duvelisib



#### But will they work?



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#### **Answer Is Dependent on Context of Progression**

- If progression occurs after ibrutinib discontinued for toxicity, treatment with acalabrutinib is effective
- If progression occurs after acalabrutinib discontinued for toxicity, other treatments (venetoclax, PI3K inhibitor) are likely effective
- If progression occurs during treatment with ibrutinib/acalabrutinib, venetoclax has been shown to be effective. PI3K inhibitors less so

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## **Exciting Treatments/Strategies Currently in Trials**

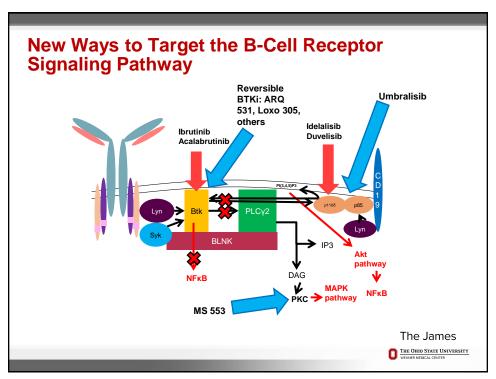
- New ways to target the B cell receptor signaling pathway
- New antibody treatments
- Harnessing the immune system to combat CLL

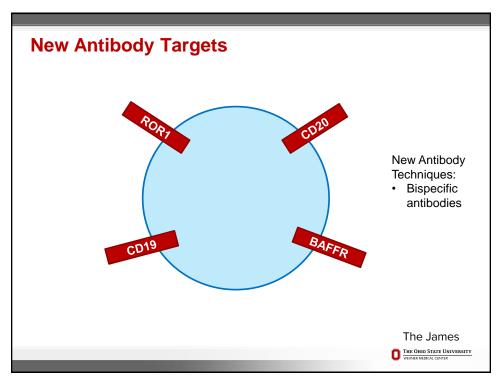
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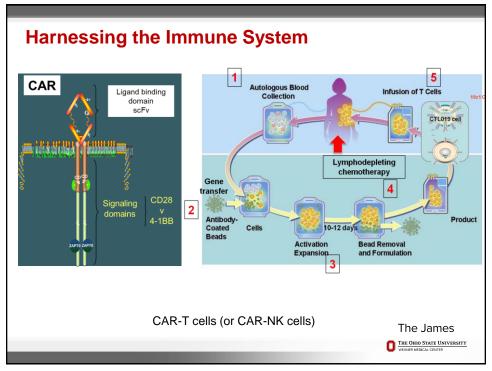
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# Question & Answer Session

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#### **RESOURCES**

Information Specialists

Master's level oncology professionals, available to help cancer survivors navigate the best route from diagnosis through treatment, clinical trials and survivorship.

- Email: infocenter@LLS.org

- Toll-Free Phone: 1-800-955-4572

Clinical Trial Support Center

Work one-on-one with an LLS Clinical Trial Nurse Navigator who will personally assist you throughout the entire clinical-trial process. Clinical Trial Nurse Navigators are registered nurses with expertise in blood cancers.

- Email: www.LLS.org/CTSC

- · Additional Information about Leukemia:
  - www.LLS.org/leukemia



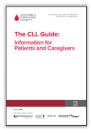
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#### FREE LLS EDUCATION & SUPPORT RESOURCES

- Education Booklets about CLL:
  - www.LLS.org/booklets
- Telephone/Web Programs:
  - www.LLS.org/programs



- Weekly Chronic Lymphocytic Leukemia Online Chat:
  - www.LLS.org/chat
- Additional LLS Information about Coronavirus:
  - www.LLS.org/coronavirus



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#### FREE LLS EDUCATION & SUPPORT RESOURCES

LLS Podcast, The Bloodline with LLS

Listen in as experts and patients guide listeners in understanding diagnosis, treatment, and resources available to blood cancer patients: <a href="https://www.thebloodline.org">www.thebloodline.org</a>

Education Videos

Free education videos about survivorship, treatment, disease updates and other topics: <a href="www.LLS.org/educationvideos">www.LLS.org/educationvideos</a>

· Patti Robinson Kaufmann First Connection Program

Peer-to-peer program that matches newly diagnosed patients and their families: <a href="www.LLS.org/firstconnection">www.LLS.org/firstconnection</a>

Nutrition Consults

Telephone and email consultations with a Registered Dietitian: www.LLS.org/nutrition

What to Ask

Questions to ask your treatment team: www.LLS.org/whattoask

Other Support Resources

LLS Community, discussion boards, blogs, support groups, financial assistance and more: <a href="www.LLS.org/PatientSupport">www.LLS.org/PatientSupport</a>

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