

**ALL**

Understanding Diagnosis and Treatment for Adults

someday  
is today

LEUKEMIA &  
LYMPHOMA  
SOCIETY  
fighting blood cancers

# Welcome and Introductions

**ALL**

Understanding Diagnosis and Treatment for Adults

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LEUKEMIA &  
LYMPHOMA  
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fighting blood cancers

# Dan Douer, MD

*Attending Physician*  
Leukemia Service  
Memorial Sloan-Kettering Cancer Center  
New York, NY



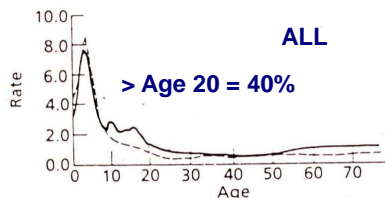
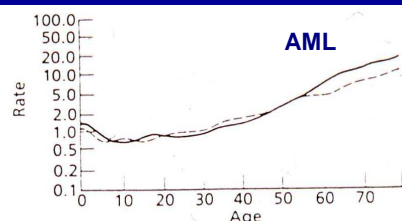
January 14, 2014

## ALL Topics

- How ALL is diagnosed and how risk assessment is determined?
- Risk assessment and treatment plan development
- Treatment options
- The role of clinical trials in the advancement of ALL treatment for patients
- Communication touch points among patients and healthcare providers

## Epidemiology Age Specific Incidence Per 100,000 Population

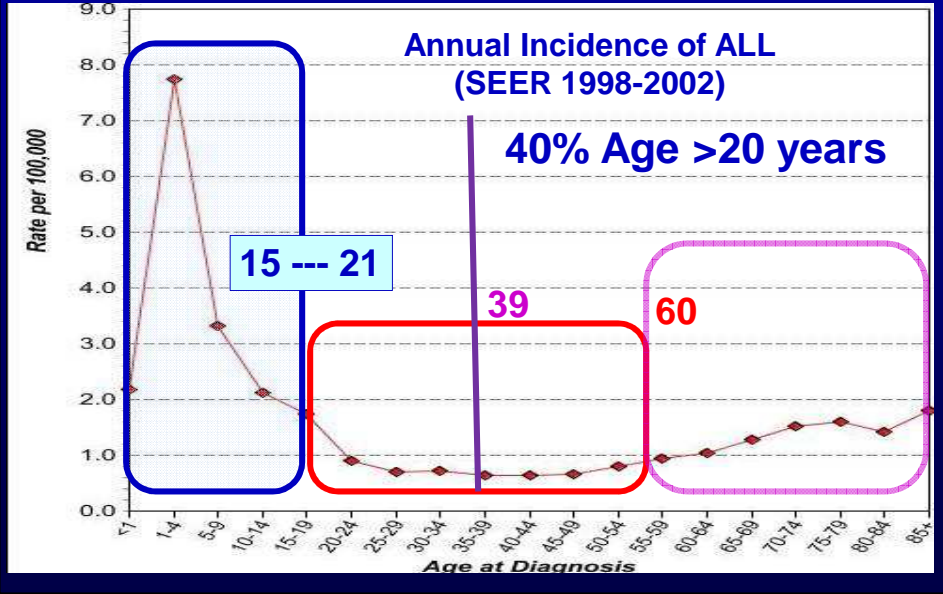
- In 2013: 6,300 new cases in US
- In the United States: more in Hispanics<sup>1</sup>
- Most common cancer in children (30% of all pediatric cancers)
- Pediatric ALL, the most curable cancer



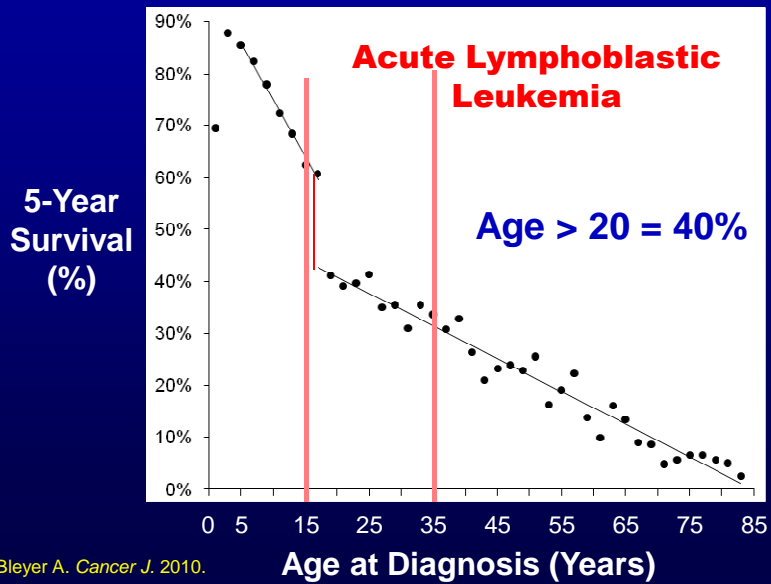
Leukaemias: age-specific incidence rates per 100 000 population. Female, ---; male, — [5].

<sup>1</sup>Pullarkat. *Cancer Epidem Biomark.* 2009;18:611.

## ALL - Not Just a Pediatric Disease Treatment Age Groups



## Survival by Age at Diagnosis 2 Year Age Intervals, 2000-2007, SEER17



## Acute Leukemia Clinical Features (I)

- Acute presentation
- Blood
  - Anemia → weakness, tiredness
  - Low platelets → bleeding
  - Low neutrophils → infections
  - Blast cells appear with time
- Bone marrow
  - Blast cells  $\geq 20\%$
  - Normal hematopoiesis suppressed or not detectable

## Acute Leukemia Clinical Features (II)

- Extramedullary infiltrations
  - Spleen, liver
  - Lymph nodes (ALL)
  - Non-hematological tissues
    - Skin
    - Gums
    - CNS (ALL)
    - Other organs

## Diagnostic Evaluation for Acute Leukemia

- CBC with differential
- Examination of peripheral blood smear
- Coagulation studies
- Blood chemistries
- Bone marrow aspiration and biopsy

### Leukemia blast:

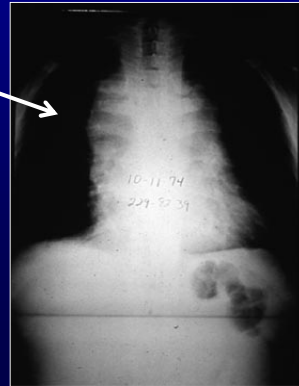
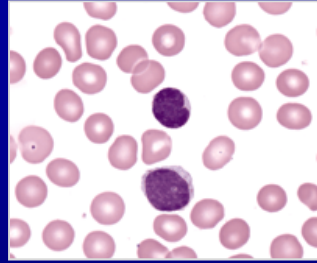
- Immunophenotype
- Cytogenetics
- Molecular genetics

## Diagnostic Tests

- Immature cells: CD34
- Myeloid/monoctytic: MPO, CD13, CD33, CD15, CD14
- **Immature lymphoid markers: TdT**
- **Pre B-cells** - TdT, CD10, CD19, CD22, CD20
- **T-cells** - CD3, CD5, CD7, CD8, CD4, CD1a
- True biphenotypic acute leukemia (very rare)

## T-cell ALL 25% of Adult ALL

- Young adults
- Without marrow involvement - T-cell lymphoblastic lymphoma (mediastinal mass)
- High WBC
- Better prognosis
- Higher rate of CNS relapse



## ALL: Karyotype and Outcome

<b>Decreased event-free or overall survival</b>
t(9;22) (Ph+)
t(4;11)
Complex karyotype (≥ 5 abnormalities)
Low hyperdiploidy / near triploidy (Ho-Tr)
<b>Improved event-free or overall survival</b>
Hyperdiploidy
Del (9p)

Ph = Philadelphia chromosome

Moorman AV, et al. *Blood*. 2007;109:3189-3197.

## Other Poor Prognostic Indicators

- Increasing age
- Increasing WBC count
  - 30,000 for B-cell lineage
  - 100,000 for T-cell lineage
- Immune phenotype
  - Non T-cell lineage
  - Pro B ALL - CD10 negative
- Slow response to therapy
  - Adults, CR 4 weeks
  - Minimal residual disease (MRD)

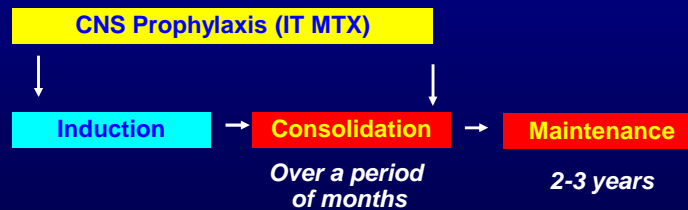
Bassan R, et al. *Crit Rev Oncol Hematol.* 2004;50:223-261.

## Specific Recurrent Genetic Abnormalities

Gene	Outcome
Pre-B	
IKZF 1 (IKAROS)	Poor
RCLF2	Poor
MLL-v t(v;1)	Poor
T-cell	
FBXW7	Good
NOTCH 1 (70%)	Good
NUP-ABL1 (6%)	Response to TKI

## ALL: Treatment Elements

Induction, consolidation, maintenance phases  
and CNS prophylaxis



## Challenges in Establishing “State-of-the-Art” Treatment

- Very wide age range
  - AYA 15 to 39 yrs
  - Adults (“younger”) 40 to 60/65 yrs
  - Older adults 60/65+
- Multiple chemotherapy regimens with few comparable trials
- Uncertainty about the role of allo BMT
- Pediatric or “Pediatric-inspired” regimens

**NCCN guidelines – clinical trial or pick your favorite**



## Principals of Adult ALL Protocols (All include maintenance and CNS prophylaxis)

- **“BFM model” variants (CALGB, GMALL, ECOG)**
  - Induction: 2 phases, 8 drugs w/asparaginase
  - Consolidation
    - Complex multi-agent cycles
    - Asparaginase
    - Delayed re-induction
  
- **Hyper-CVAD (alternate Parts A and B x 4)**
  - More myelosuppressive drugs (inpatient)
  - No asparaginase
  - 6-MP only in maintenance

### Adult ALL - Recent Large Front-line Clinical Trials

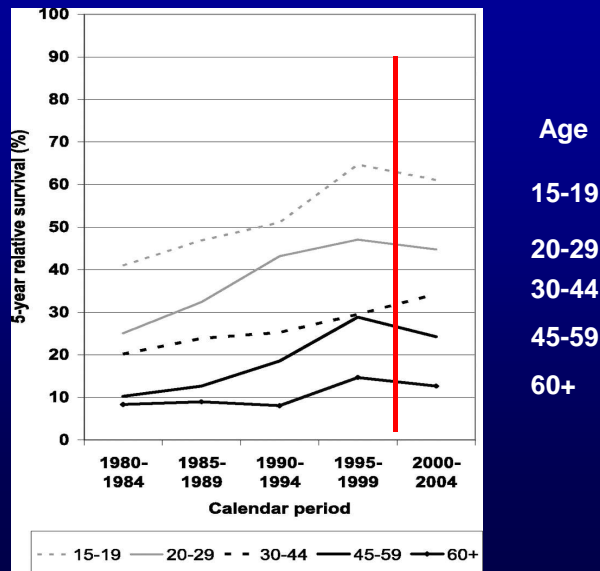
	Years of study	N	Age	Treatment	CR (%)	DFS (%)
GMALL 05/93 <sup>1</sup>	'93-'99	1163	35	BFM, HD-Ara-C, HD- MTX	87	35
CALGB 8811 <sup>2</sup>	'88-'91	198	35	BFM, ↑Cy, ↑ASP	85	36
CALGB 19802 <sup>3</sup>	'99-'01	163	41	BFM, ↑Cy, ↑DNR	78	35
MRC/ECOG-UKALLXII/E2993 <sup>4</sup>	'93-'06	1913	15-64	BFM + HD-MTX ± SCT	90	OS 39
Hyper CVAD <sup>7</sup>	'92-'00	288	40	A) Cy, DEX, ADR, VCR B) HD-MTX+HD-Ara-C	92	38
UCSF 8707 <sup>5</sup>	'87-'98	84	27	VPDA + Intensified	93	52
LALA 94 <sup>6</sup>	94-02	922	33	VPD + Cy, HD-Ara-C	84	37
L-2	00-06	78	33	HD-MITO+ HD-Ara-C	85	34

<sup>1</sup>Gökbuget. *Blood*. 2001;98:802a; <sup>2</sup>Larson. *Blood*.1995;85:2025-2037; <sup>3</sup>Larson. *Ann Hematol*. 2004;83:Suppl 1:S127-S128; <sup>4</sup>Goldstone. *Blood*. 2008;111:1827-1833; <sup>5</sup>Linker. *J Clin Oncol*. 2002;20:2464-2471; <sup>6</sup>Thomas. *J Clin Oncol*. 2004;22:4075-4086; <sup>7</sup>Kantarjian. *Cancer*. 2004;101:2788.

## Central Nervous System Prophylaxis

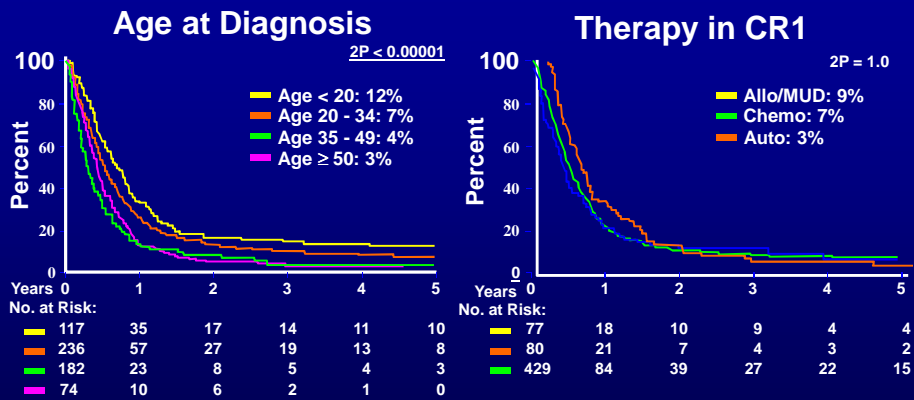
- Intrathecal methotrexate
- Systemic high-dose methotrexate
- Cranial irradiation
  - Probably not necessary with systemic high-dose treatment (methotrexate, Ara-C) and extended intrathecal methotrexate

## 5-year Survival of ALL by Major Age Groups 1980-1984 to 2000-2004



Pulte. *Blood*. 2009.

## Adult ALL – First Relapse Survival



Fielding, et al. *Blood*. 2007.

## Strategies to Improve Outcome of Adult ALL

- Transplantation
- Pediatric-inspired regimens
- Identify special subtypes for different treatment
  - Mature B cell (Burkitt's) ALL
  - Ph+ ALL
- New drugs

## Bone Marrow Transplantation CIBMTR Recommendations

- **CR 1**
  - Allogeneic transplant in high-risk patients
  - Role in standard-risk patients unclear but not recommended
  - Autologous SCT: no benefit over chemotherapy
  
- **CR 2**
  - Allogeneic SCT

Hahn T, et al. *Biol Blood Marrow Transplant.* 2006;12:1-30.

## Allogeneic Stem Cell Transplantation MRC/ECOG UKALLXII/E2993 Trial Ph Negative ALL

	Overall survival		Relapse		Non-relapse death	
	Donor	No donor	Donor	No donor	Donor	No donor
High risk	41%	35%	37%	63%	36%	14%
	NS		$P < 0.0005$		$P < 0.05$	
Standard risk	62%	52%	24%	49%	20%	7%
	$P < 0.02$		$P < 0.05$		$P < 0.05$	

High risk any of: Age  $\geq$  35 years

WBC  $>$  30,000/ $\mu$ L (*B Lineage*)

$>$  100,000/ $\mu$ L (*T Lineage*)

Time to CR  $>$  4 weeks

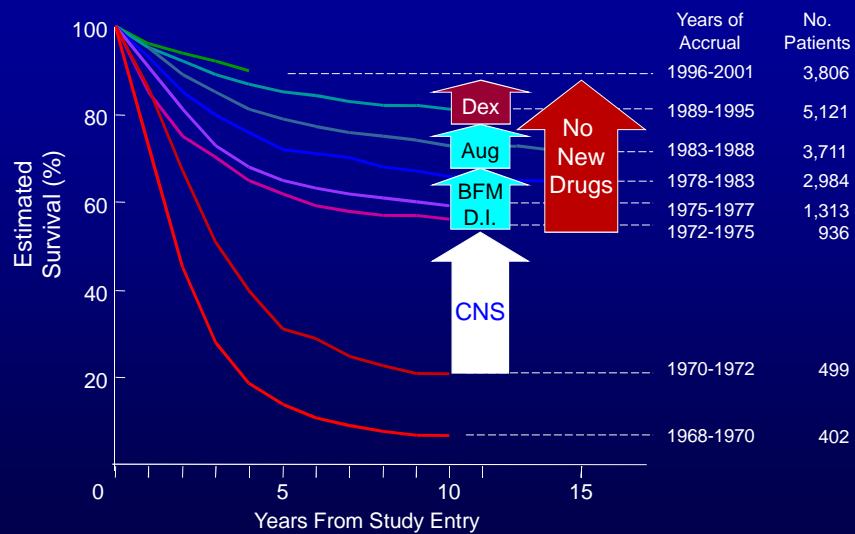
Goldstone. *Blood.* 2008;11:1827.

## Outcome Adults vs. Childhood ALL

	CR	LFS
Adults	80%-90%	35-40%
Children (2-10 years)	>95%	80%

Pui. *N Engl J Med.* 2006;354:166-178.

### Survival of 18,772 Pediatric Patients With ALL Treated on Sequential CCG Clinical Trials Over Three Decades



Tubergen DG, Bleyer A. The Leukemias. *Nelson's Textbook of Pediatrics.* 17th Ed. Philadelphia, Pa: Saunders; 2003:1694-1698.

## Adolescents and Young Adults Retrospective Comparison Pediatric vs. Adult Protocols

Study	N	Age	EFS @ 5 years	
			Pediatric protocol	Adult protocol
US <sup>1</sup>	321	16-20	63%	34%
France <sup>2</sup>	177	15-20	67%	41%
Netherlands <sup>3</sup>	120	15-20	69%	34%
Sweden <sup>4</sup>	59	15-20	75%	39%
UK <sup>5</sup>	128	15-17	65%	49%
Italy <sup>6</sup>	248	14-18	83%	55%

1.Stock. *Blood*. 2008;112:646; 2.Boissel. *J Clin Oncol*. 2003;21:774; 3.de Bont. *Leukemia*. 2004;18:2032; 4.Hallböök. *Cancer*. 2006;107:1551; 5.Ramanujachar. *Pediatr Blood Cancer*. 2006;47:748; 6.Testi. *Blood*. 2005;104:1954a.

## Age - A Complex Prognostic Factor

- Age “per se” - children
  - Favorable cytogenetic
  - Better chemotherapy tolerance.....
  - but....also in young adults
  
- Treatment - adults
  - Less intense
  - Very few randomized trials
  - Lower compliance: physician and patient

## Pediatric Treatment Approaches Principals

- More intense non-myelosuppressive agents
- Prolonged asparaginase (asparagine depletion)
- Delayed re-induction
- Early CNS prophylaxis (induction)
- Allo BMT only for very high-risk e.g., t(4:11), Ph+

## Asparaginase Activity in ALL Summary

- Active as a single agent (35%-60% in relapsed children)
- In children several randomized trials showed that asparaginase alone, (with multiple agents) improved overall outcome
- Duration of post-remission asparaginase
  - Children - long (5-6 cycles)
  - Adults - short (0-2 cycles)

## Unique Toxicities of Asparaginase

- **Hypersensitivity:** allergic reactions
  - Neutralizing antibodies
  - “Silent hypersensitivity”
- **Pancreatitis**
- **Hemostasis**
  - **Clotting:** low antithrombin III, protein S
  - **Bleeding:** low clotting factors
- **Liver dysfunction**
  - Liver enzymes, hyperbilirubinemia
  - Low albumin
- **Diabetes mellitus**
- **Neurological (lethargy, somnolence)**

Stock and Douer, *Leukemia & Lymphoma*. 2011.

## Asparaginase Intensification Pediatric and Pediatric - “Inspired” Regimens

Asparaginase		Upper age	OS @ 3-7 yrs
<b>True Pediatric</b>			
DFCI <sup>1</sup>	E. coli	50	74%
CALGB 10403	Pegaspargase 2,500	39	Pending
<b>Pediatric “Inspired”</b>			
PETHEMA <sup>2</sup>	E. coli	30	69%
GRAALL-2003 <sup>3</sup>	E. coli	45/60	64%/47%
USC <sup>4</sup>	Pegaspargase 2,000	57	58%
Princess Margaret <sup>5</sup>	E. coli (retrospective)	60	65%
<b>Asparaginase Intensification</b>			
GMALL 7/03 <sup>6</sup>	PEG 500/1000 → 2,000	55	67%

<sup>1</sup>DeAngelo. ASH. 2007; <sup>2</sup>Ribera. JCO. 2008; Abst #587; <sup>3</sup>Huguet. JCO. 2009; <sup>4</sup>Douer. ASH. 2012; Abst #1495; <sup>5</sup>Storrington J. *Br J Haematol*. 2009; <sup>6</sup>Goekbuget. ASH. 2010; Abst #404.



## USC II Modified CCG Augmented Pediatric Arm (BFM)

Nachman N Engl J Med 1998;338:1663

**PEG Asparaginase 2,000 u/m<sup>2</sup> IV per dose**

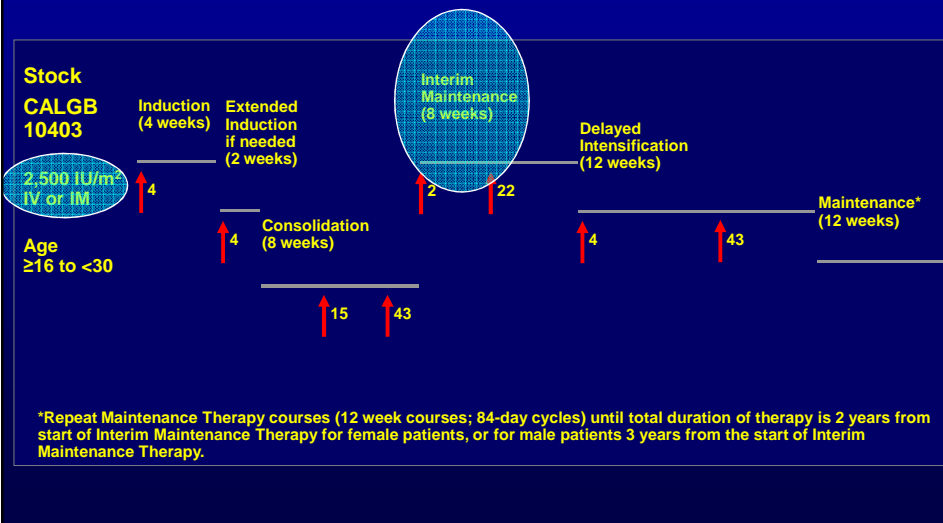
X 2

Induction1	Induction2	Consolidation1	Consolidation2	Delayed Re-induction1
DNR VCR PRED Peg-ASP IT-MTX	Cyclo VCR PRED Peg-ASP Ara-C 6MP IT-MTX	HD-MTX x2 Peg-ASP PRED	<u>Days 1-5</u> Ara-C VM 26	DNR VCR Peg-ASP Cyclo DEX Ara-C 6-TG IT-MTX
		<b>Total Peg-ASP Doses = 6</b>		

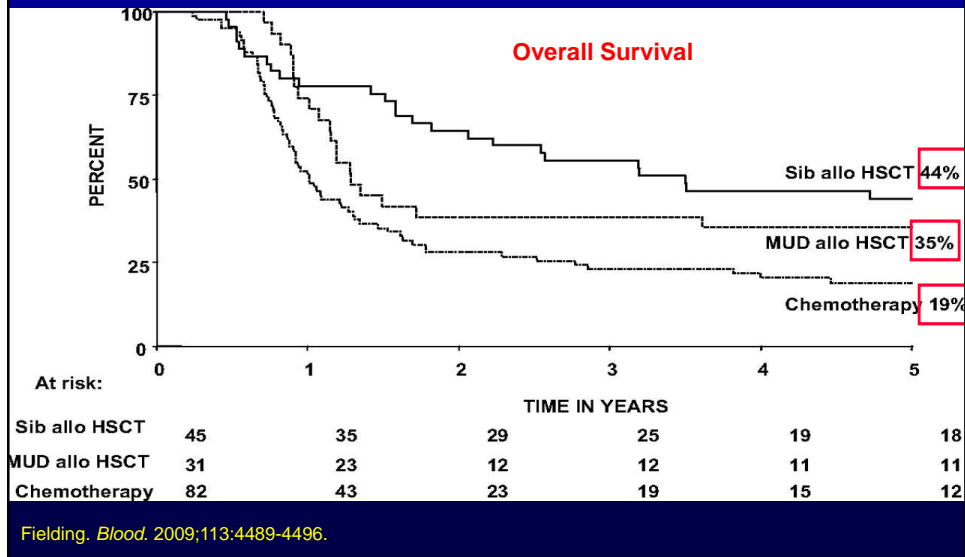
Maintenance: 6 MP/ MTX/vincristine/prednisone therapy continues for 2 years

Douer, et al. ASH. 2012.

## Current CALGB C10403 Trial Adolescents and Young Adults Age 15 – 39 years



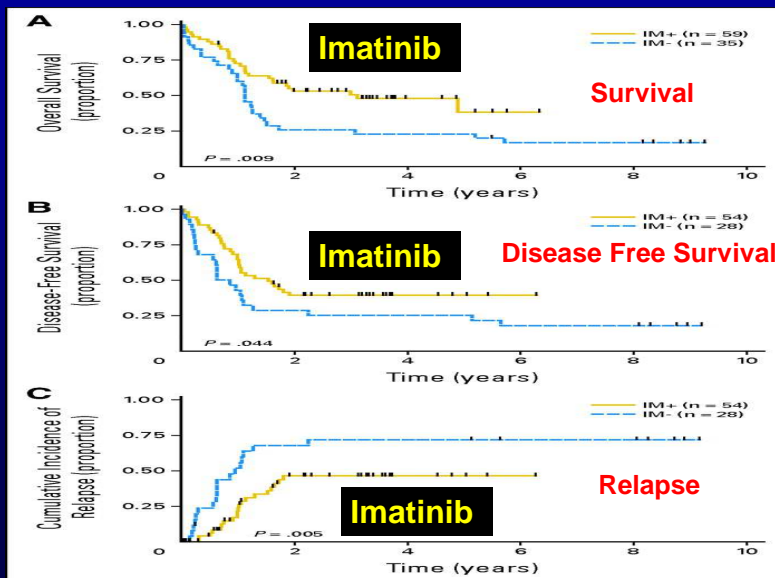
## Ph+ ALL in CR1 – Pre-imatinib Era MRC UKALLXII/ECOG 2993



## Philadelphia Chromosome (Ph<sup>+</sup>) ALL

- t(9;22) bcr/abl translocation
- Precursor B-cell
- Incidence continuously increases with age (rare in children; ~50% in ages >55)
- Tyrosine kinase inhibitor activity
  - First generation – imatinib (Gleevec<sup>®</sup>)
  - Second generations – dasatinib (Sprycel<sup>®</sup>); nilotinib (Tasigna<sup>®</sup>)
  - Third generation ponatinib (Iclusig<sup>™</sup>)

## Northern Italy Leukemia Group Protocol (Ph+ ALL)



Bassan R, et al. *JCO*. 2010;28:3644-3652.

## Treatment of Ph+ ALL Summary

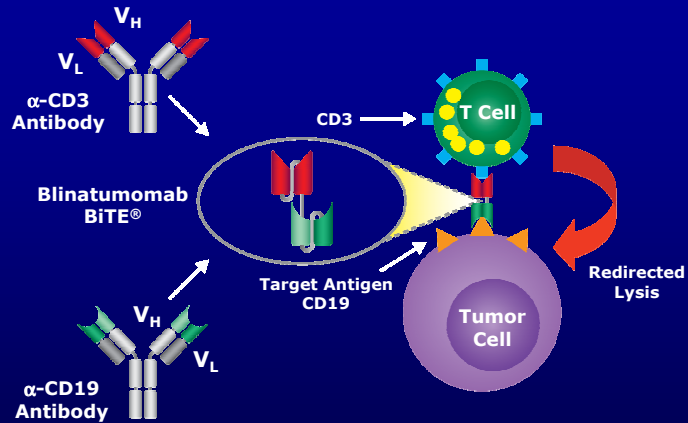
- **TKI + concomitant multi-agent chemotherapy**
  - Improved overall survival to 35-50%
  - Ideal chemotherapy?
- **Allo HSCT**
  - May improve outcome but not clear to what extent
  - In children no additional benefit after TKI + chemotherapy
- **Second and third generation TKIs effective in imatinib-resistant or intolerant patient**
- **Changed outcome of Ph+ ALL [t(4;11) is now the worst ALL]**

## New Agents Targeting (Immunotherapy) B-cell ALL

Target	Agent	Single agent activity
CD 20	Rituximab <sup>1,2</sup>	Minimal (w/chemo may improve outcome in young CD20+)
CD 19	Blinatumomab <sup>3,4</sup>	CR 70% in molecular or overt relapsed/refractory
	19-28z CAR-targeted autologous T-cells <sup>5</sup>	Yes
CD22	Epratuzumab <sup>6</sup>	Minimal
	Inotuzumab ozogamycin <sup>7</sup>	CR + CRp = ~50%
	Moxetumomab pasudotox (HA22) <sup>8</sup>	CR 24%

<sup>1</sup>Hoelzer. ASH. 2010;Abst #170; <sup>2</sup>Thomas. JCO. 2010; <sup>3</sup>Topp. JCO. 2011; <sup>4</sup>Topp. ASH. 2011;Abst #252; <sup>5</sup>Davila. ASH. 2012;Abst #3566; <sup>6</sup>Raetz. JCO. 2008; <sup>7</sup>Wayne. ASH. 2011; Abst #248; <sup>8</sup>O'Brien. ASH. 2011;Abst #857.

## Mode of Action of BiTE<sup>®</sup> Antibody Blinatumomab



- Blinatumomab (MT103) is a Bispecific T-cell Engager (BiTE<sup>®</sup>) antibody designed to direct cytotoxic T-cells to CD19 expressing cancer cells

Bargou R, et al. *Science*. 2008;321(5891):974-977.

## Blinatumomab – Single Agent Refractory/Relapsed Pre-B ALL

Disease Status	Pts. #	Response	Outcome
Molecular (MRD+) <sup>1</sup>	21 (5 Ph+)	MRD neg: 80%	RFS 78%
Clinical <sup>2</sup>	18	*CR 12 (67%) (all MRD neg)	Remission duration 7.8 Mo

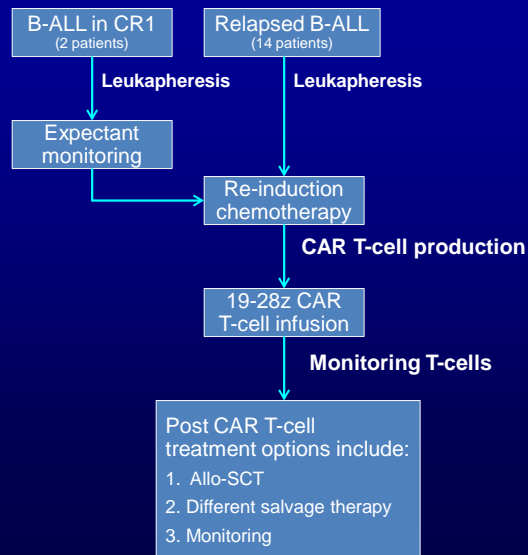
**\*MRD negative after two cycles**

<sup>1</sup>Topp, et al. *J Clin Oncol*. 2011;29:2433.

<sup>2</sup>Topp. *ASH*. 2011;Abst #252.

## MSKCC CAR T-cell Protocol Eligibility and Treatment Schema

- Adult patients (>18 years old)
- Patients B-ALL refractory, relapsed, MRD+, or in CR1
- Ph+, extramedullary disease, CNS leukemia, and/or relapsed after prior allo-stem cell transplant are all eligible



Davila, et al. *ASH*. 2013;Abst #69.

## Adverse Events

- Fevers
- Hypotension
- Hypoxia
- Neurologic changes
  - Mental status change, obtundation, seizures
- Malaise
- ICU care

## CAR T-cells Summary N=16 (overt ALL =8)

- CR=88%, CRm=76
- Median to CR =24 days
- 44% → allo-SCT (70% of eligible patients)
- Steroids
  - Effective at ameliorating the CRS
  - Cost of lymphotoxicity, resulting in eventual relapses
- Tocilizumab effective for CRS without lymphotoxicity
- Similar anti-leukemia efficacy in patients with only MRD as patients with morphologic residual leukemia
- To date, there have been no relapses post allo-SCT

## Novel Targeted Agents

Target	Drug
Notch1 (T-ALL)	$\gamma$ secretase inhibitors (GSI)
MLL (q11.34)	DOT1L inhibitor, FLT3 inhibitors
PP2A (Ph+ ALL)	FTY720 Fingolimod (MS)
PNP (T-ALL)	Forodesine (Bcx-1777)
NUP214-ABL1 T	Thyrosine kinase inhibitors
mTOR	Everolimus, temsirolimus
JAK	JAK inhibitors

## State-of-the-Art Therapy for Adult ALL A Changing Landscape

- Pediatric or “pediatric inspired” regimens
  - Young adult: upper age limit is unclear
- Treatment changes based on new stratification models
  - Philadelphia positive
  - Early MRD status
  - “BCR-ABL1 – like” ALL (frequency in adults?)
  - Other mutations (RCLF2, IKZF.....)
- No !!! State-of-the art therapy – relapse, older adults

## State-of-the-Art Therapy for Adult ALL A Changing Landscape

### Novel Agents

- Immunotherapy
  - Monoclonal antibodies (CD19, 22, 20)
  - Cell therapy – Chimeric antigen receptor (CAR)
- Small molecule targeting driver mutations (e.g., Notch1, Dot1l, JAK2)

### Allogeneic Hematopoietic Stem Cell Transplantation in CR1

- Only very high risk ALL?

## Communication Touch Points Among Patients And Healthcare Providers

- Complex regimens – optimal adherence
  - Patient compliance
  - Physician compliance
  - Time and effort commitment: travel, parking, work, life events, etc.
- Reduce toxicities
  - Teaching of side effects (e.g. asparaginase)
  - Anticipating side effects
  - Monitoring for early detection of side effects
- Communication with healthcare provider
  - Major cancer center
  - Local community oncologists



# THANK YOU

**Dan Douer, MD**  
**Memorial Sloan Kettering Cancer Center**

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## Question & Answer Session

The speaker's slides are available for download at  
[www.LLS.org/programs](http://www.LLS.org/programs)

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**TOLL-FREE PHONE: (800) 955-4572**

**EMAIL: [infocenter@LLS.org](mailto:infocenter@LLS.org)**

**LIVE ONLINE CHAT: [www.LLS.org/information specialists](http://www.LLS.org/information specialists)**