

SWEDISH CANCER INSTITUTE

Cancer Caregivers Support Group

Having a relative or friend with cancer can be very stressful.
As a result, you might be feeling:

- Exhausted
- Helpless
- Scared
- Overwhelmed
- Angry

Caregivers are invited to attend a support group to share practical information, gain understanding of the caregiving experience and discuss feelings in a safe and caring environment. There is no fee to attend the support group.

**Meets every Thursday
from 1:30-3 p.m.**

**Swedish Cancer Institute
1221 Madison Street
Arnold Pavilion
Clearwater Room (Conference Room C)
A-Floor West**

**For more information, or to register, call Sylvia Farias, M.S.W.
at 206-215-3659 or 206-386-3228**