

# Living with Cancer

## **An educational support group for people with cancer and their caregivers**

**C**ancer patients and their caregivers are invited to explore life after a cancer diagnosis in a safe and supportive environment. Come learn from educational presentations and open discussion, while considering what this journey looks like for you. This group is facilitated by an experienced Swedish Cancer Institute social worker, and there is no fee to attend.

Support group participation offers:

- Practical information about diagnosis and treatment
- A safe place to share feelings and learn self-care skills
- An opportunity to develop coping strategies
- Techniques for improving communication with family, friends, and your care team

**Second and fourth Tuesdays, 10-11:30 a.m.**

**The Swedish Cancer Institute at Issaquah**

**751 NE Blakely Drive**

**Issaquah, WA 98029**

**Second floor conference center**

For information, please call 425-313-4224.