

Telephone Support

First Connection is one-on-one support from a volunteer survivor or caregiver. To request a match contact:

Lauren Hall, MPH, MSW (415) 625-1115
San Francisco and North Bay Offices

Bethanie Mills, MPH (559) 490 6939
Sacramento and Central California Offices

East Bay

Berkeley/Oakland: 1st Mondays, 7:30 p.m.
Nancee Hirano, ANP, (510) 823-7286
Gail Splaver, LCSW, (510) 527-3871

Walnut Creek: 1st Thursdays, 7:00 p.m.
Alan Brast, PhD, (925) 277-7524
Sarah Leonard, RN, BSN, OCN, (510) 301-1296

North Bay

Greenbrae: 2nd Tuesdays, 7:00 p.m.
Fran Haghghi, RN, (415) 925-7922
Judith Sheridan, OCN, (415) 750-2202
Fred Silverman, LCSW (415) 990-2704

Peninsula

Palo Alto: 2nd Tuesdays, 6:30 p.m.
Stephanie Vargas, LCSW, (650) 725-2041

MDS Group in Palo Alto: 1st Friday every other month,
1-2:30p.m.
Lenn Fechter, RN, (650) 725-0744
Andrea Linder, RN

Los Gatos: 2nd Wednesday, 6:00 p.m.
Barbara Balc, RN
Faustine Comstock, LCSW
(408) 559-2011 x4135

San Francisco

UCSF Medical Center: 2nd Tuesdays, 3:00 p.m.
Julie Paster-Kinnicutt, MSW, (415) 353-2423
Nina Balsamo, MSS, ASW, (415) 353-2965

UCSF Medical Center In-Patient: Weds, 1:00 p.m.
Laura Mayors, MSW, (415) 353-1304

Sacramento

UC Davis Cancer Center: 1st Wednesday, 6:30pm
Susanna Becerra, LCSW, (916) 734 4169
Lailani Rilloque, RN. (916)-734-5959

Wellness Within Center: 1st Wed., 5:30pm
Dulcy Wilson, RN, MSN, (530) 228-0631

Central Coast

Santa Cruz: 1st & 3rd Tuesdays, 5:30 p.m.
Anne Lindberg, RN, (831) 462-7770
Allison Brookes, MSW

Santa Cruz Caregivers: 2nd Tuesdays, 5:30 p.m.
Anne Lindberg, RN, (831) 462-7770
Allison Brookes, MSW

Children & Parents

Children's Hospital Oakland In-Patient: English
Meets 2nd & 4th Thursdays, 12:30 pm
Felicie Standley, MSW (510) 428-3885 x4797
Alexina Cather, (510) 428-3885 x4797

Walnut Creek: 1st Mondays, 6:00 p.m.
Susan Bucker, LCSW
Nancy Morgan, RN, (925) 947-5272

San Jose Spanish-Speaking Parents
Meets 4th Monday of each month, 6:00 p.m.
Rich Ramos, RN, (408) 314-8394

Children's Hospital Oakland - Spanish
Meets 2nd & 4th Mondays, 12:30 pm
Patty Mundera, LCSW (510) 428-3995 x 2664