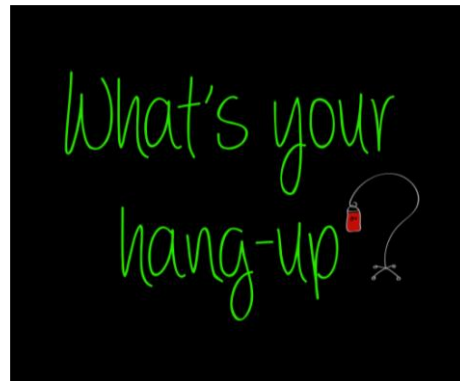


Midwest Region

## Hang Up Cancer Club

### *Young Adult Midwest Regional Telephone Support Group*

Tired? Fatigued?  
Nauseous? Work?  
Insurance?  
No one relates to me?  
Don't feel attractive?  
Need to get in shape?  
Dating concerns?  
What's next?



Can I have a family?  
What can I eat?  
How can I become  
independent again?  
Why do I feel like a  
different person?  
Will I ever be financially  
stable again?

Regional Monthly Teleconference

### **Date/Time:**

**The second Thursday of every month  
8 – 9:15 pm Central Time (9 – 10:15 pm Eastern Time)**

*This monthly teleconference is open to young adults (18 – 39) at any stage of diagnosis, treatment or survivorship and will feature speakers presenting on a variety of topics including transitioning back to college or work, navigating insurance, sexuality and intimacy, financial stability, fatigue and other side effects, fertility, self image and identity, and more.*

### **To Register:**

*Pre-registration for this free program is required.*

Contact Wendy Sontag, LISW, at 515-270-6169, 800-347-1074 or [wendy.sontag@lls.org](mailto:wendy.sontag@lls.org) to register for the program.

***This program is hosted by the Kansas chapter but open to Young Adults throughout the Midwest***

## Monthly Teleconference Calls 2014

**Schedule:** Thursday, January 9th, 2014, 8-9:15pm (CT)/ 9-10:15 (ET)

**Speaker/Topic:** Jennifer Jones

General discussion leading up to scheduled topics

**Organization/Affiliation:** Kansas Chapter, Leukemia & Lymphoma Society

**Schedule:** Thursday, February 13th, 8-9:15pm (CT)/ 9-10:15 (ET)

**Speaker/Topic:** Jessica Melore

“Advocacy and Family Support”

**Organization/Affiliation:** Motivational Speaker, heart transplant recipient, two-time cancer survivor, disability and public health advocate

**Schedule:** Thursday, March 13, 8-9:15pm (CT)/ 9-10:15 (ET)

**Speaker/Topic:** Mike Lang

“Discovering Your Strength During and After Treatment”

**Organization/Affiliation:** Survivor of Hodgkin’s Lymphoma, Survive and Thrive & Documentary film maker

**Schedule:** Thursday, April 10<sup>th</sup>, 8-9:15pm (CT)/ 9-10:15 (ET)

**Speaker/Topic:** Lori Wingerter, MA

“Cancer-Related Brain Fog”

**Organization/Affiliation:** A Time to Heal Foundation

**Schedule:** Thursday, May 8th, 8-9:15pm (CT)/ 9-10:15 (ET)

**Speaker/Topic:** Lori Wingerter, MA

“Cancer-Related Brain Fog” Part Two

**Organization/Affiliation:** A Time to Heal Foundation

**Schedule:** Thursday, June 12th, 8-9:15pm (CT)/ 9-10:15 (ET)

**Speaker/Topic:** Sheryl Ness R.N., O.C.N.

“Survivor Guilt”

**Organization/Affiliation:** Nurse Educator for the Cancer Education Program at Mayo Clinic in Rochester, Minn.

**Schedule:** Thursday, July 10th, 8-9:15pm (CT)/ 9-10:15 (ET)

**Speaker/Topic:** Sheryl Ness R.N., O.C.N.

“Survivor Guilt” Part Two

**Organization/Affiliation:** Nurse Educator for the Cancer Education Program at Mayo Clinic in Rochester, Minn.

**Schedule:** Thursday, August 14th, 8-9:15pm (CT)/ 9-10:15 (ET)

**Speaker/Topic:** Rhonda Johnson, PhD

“How Cancer Affects Relationships”

**Organization/Affiliation:** University of Kansas, Associate Professor  
Center for Pelvic Pain and Sexual Health

**Schedule:** Thursday, September 11th, 8-9:15pm (CT)/ 9-10:15 (ET)

**Speaker/Topic:** Rhonda Johnson, PhD

“Cancer & Relationships” Part Two

**Organization/Affiliation:** University of Kansas, Associate Professor  
Center for Pelvic Pain and Sexual Health

**Schedule:** Thursday, October 9th, 8-9:15pm (CT)/ 9-10:15 (ET)

**Speaker/Topic:** TBA

**Organization/Affiliation:**

**Schedule:** Thursday, November 13th, 8-9:15pm (CT)/ 9-10:15 (ET)

**Speaker/Topic:** TBA

**Organization/Affiliation:**

**Schedule:** Thursday, December 11th, 8-9:15pm (CT)/ 9-10:15 (ET)

**Speaker/Topic:** TBA

**Organization/Affiliation:**