

## Central Valley Cancer Survivorship Conference

## For Adult Cancer Survivors 18 Years & Older, Health Professionals, Caregivers & Supporters

## Agenda

9 am Registration/Breakfast/Exhibits

9:30 am Welcome

10 am Coping with Uncertainty & Fear of Recurrence

Amy Shaw, M.D. - Medical Director, Cancer

Survivorship/Primary Care Oncology, Annadel Medical

Group, Santa Rosa, CA

11 am Promoting Healing through Movement

Starr Carson Cleary, B.A. MFT, CES - Cancer Exercise Specialist, Regenerations Wellness Cancer Foundation

11:30 am Nutrition for Optimal Health

Navjot Mann, RD - California Cancer Center

12 pm Lunch/Exhibits

12:30 pm Keynote Presentation: Art of Life

Jenelle Higton - Executive Director, Art of Life Foundation

1 pm Tools for Navigating Complementary and Alternative

Medicine in Survivorship

Ellen Woods, RN - Kaweah Delta Healthcare District

## **Program Provided by:**



fighting blood cancers

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For questions, call 800-960-2022.