

# SAM FIGHTS BACK!



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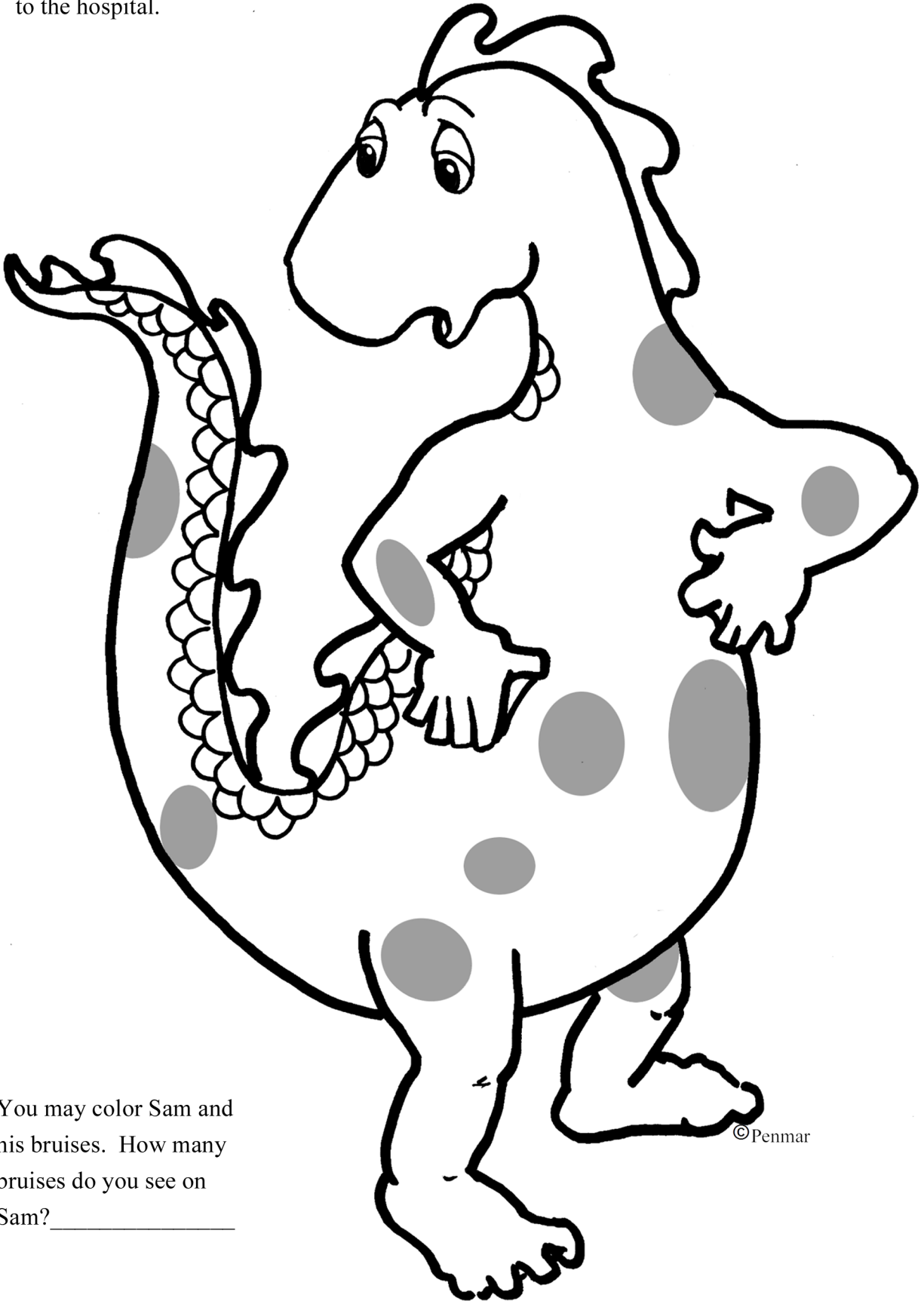
Dedicated to the children and their families

We would especially like to thank:  
Elizabeth Kitlas, LMSW, The Leukemia & Lymphoma Society  
Jennifer Seiler, Certified Child Life Specialist  
for their expertise and assistance.



Sam was a happy young sea serpent. His favorite things were his best friend Zac, his “water-wooshers” and peanut butter sandwiches.

One day, Sam started feeling really, really tired. Instead of playing with Zac, he went home and went to bed. Sam was covered with bruises. Sam's mother thought that was odd because Sam told her he had not fallen off his water-woosher. Sam also had a fever so she took Sam to the hospital.

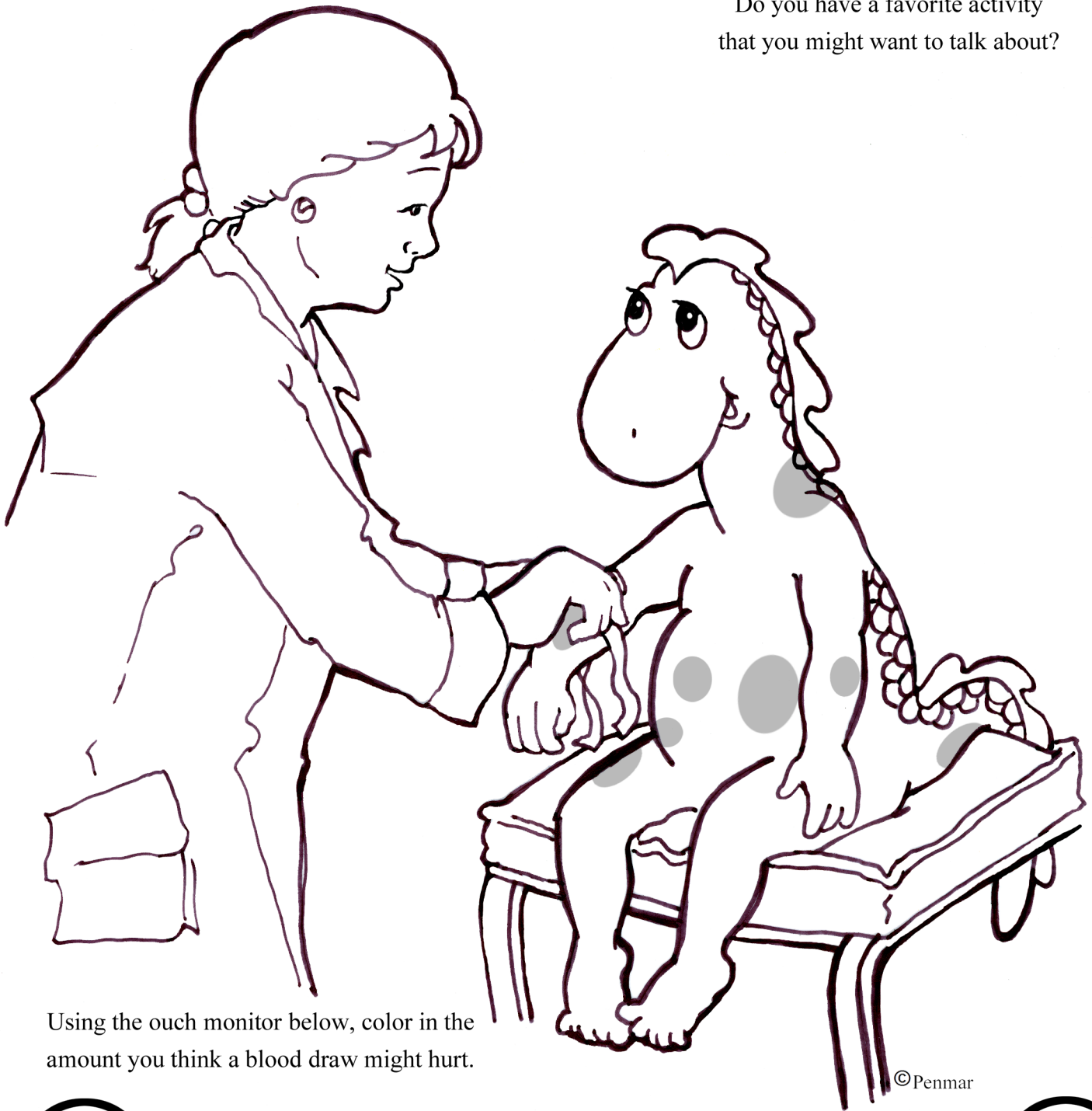


You may color Sam and his bruises. How many bruises do you see on Sam? \_\_\_\_\_

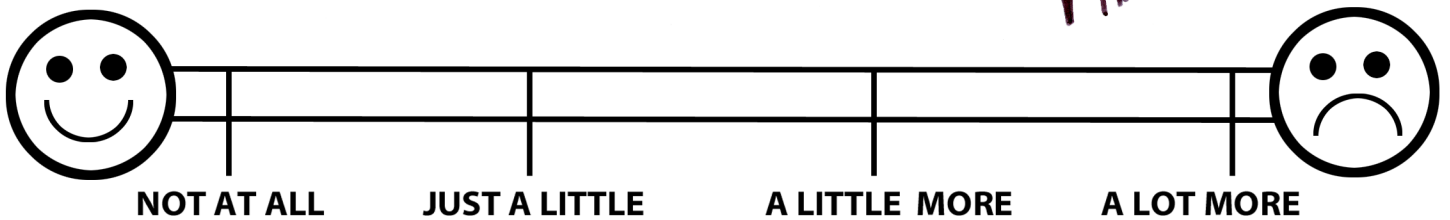
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At the hospital, a nurse drew a small amount of Sam's blood from his arm. This is called a "blood draw." To keep his mind off the quick pinch of the needle, Sam told the nurse about his water-woosher. The next thing he knew, the blood draw was over!

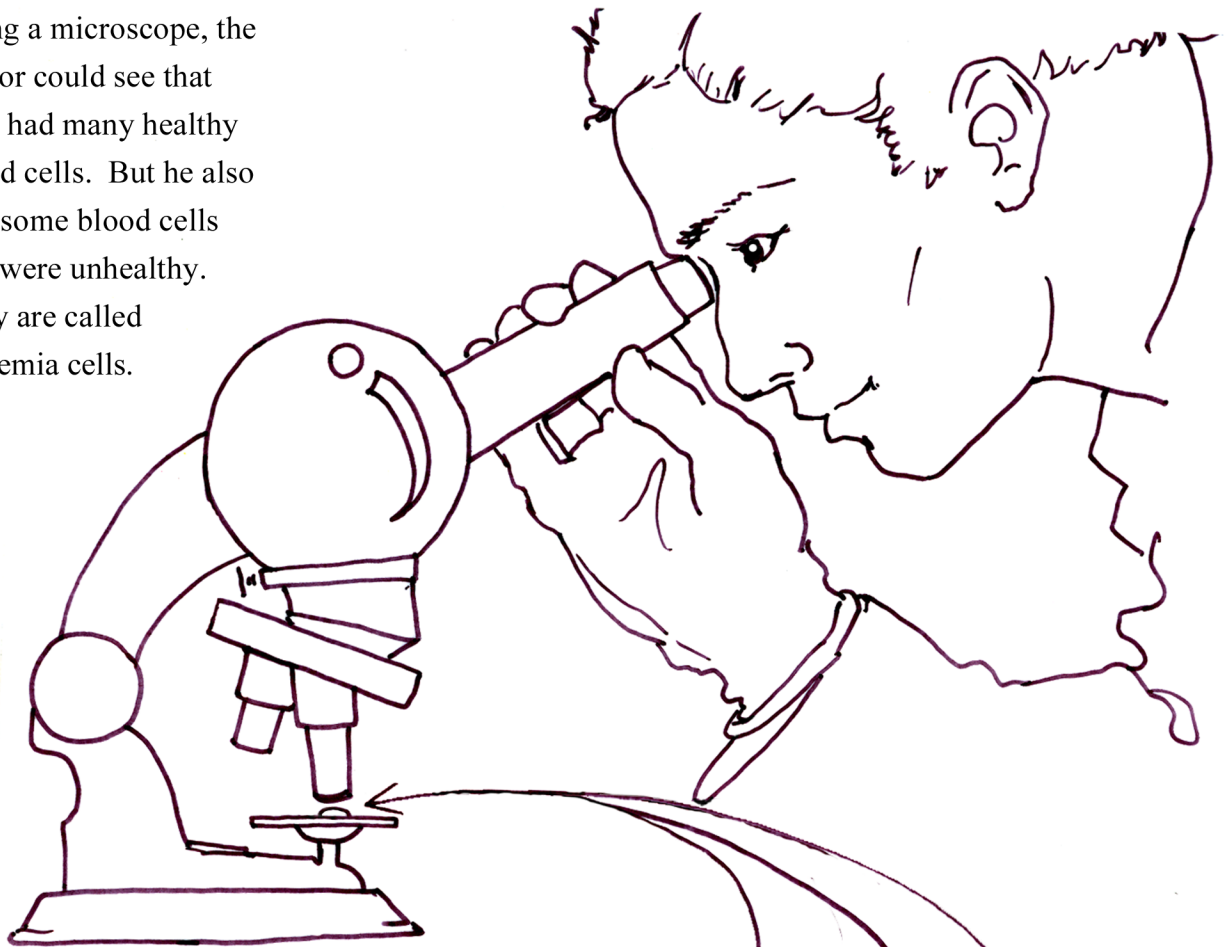
Do you have a favorite activity that you might want to talk about?



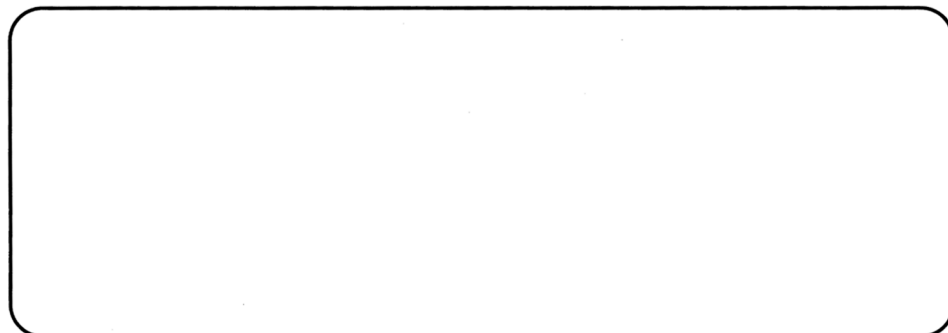
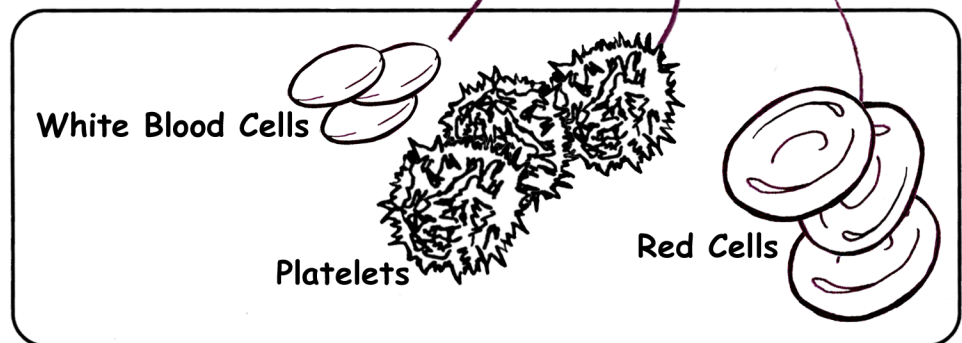
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Using a microscope, the doctor could see that Sam had many healthy blood cells. But he also saw some blood cells that were unhealthy. They are called leukemia cells.



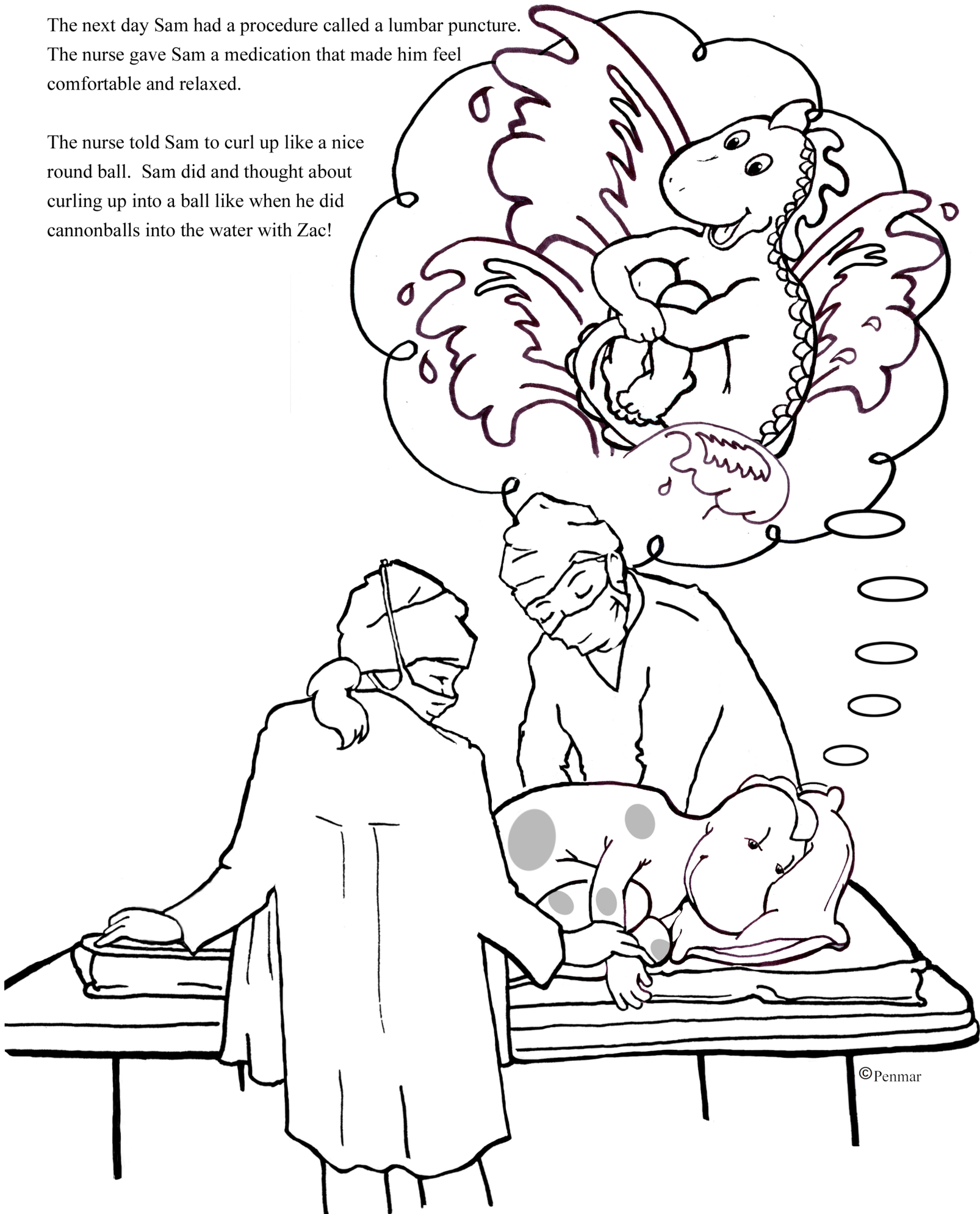
Here is a very, very close look at some healthy blood cells.



Here you may draw what you think leukemia cells look like.

The next day Sam had a procedure called a lumbar puncture. The nurse gave Sam a medication that made him feel comfortable and relaxed.

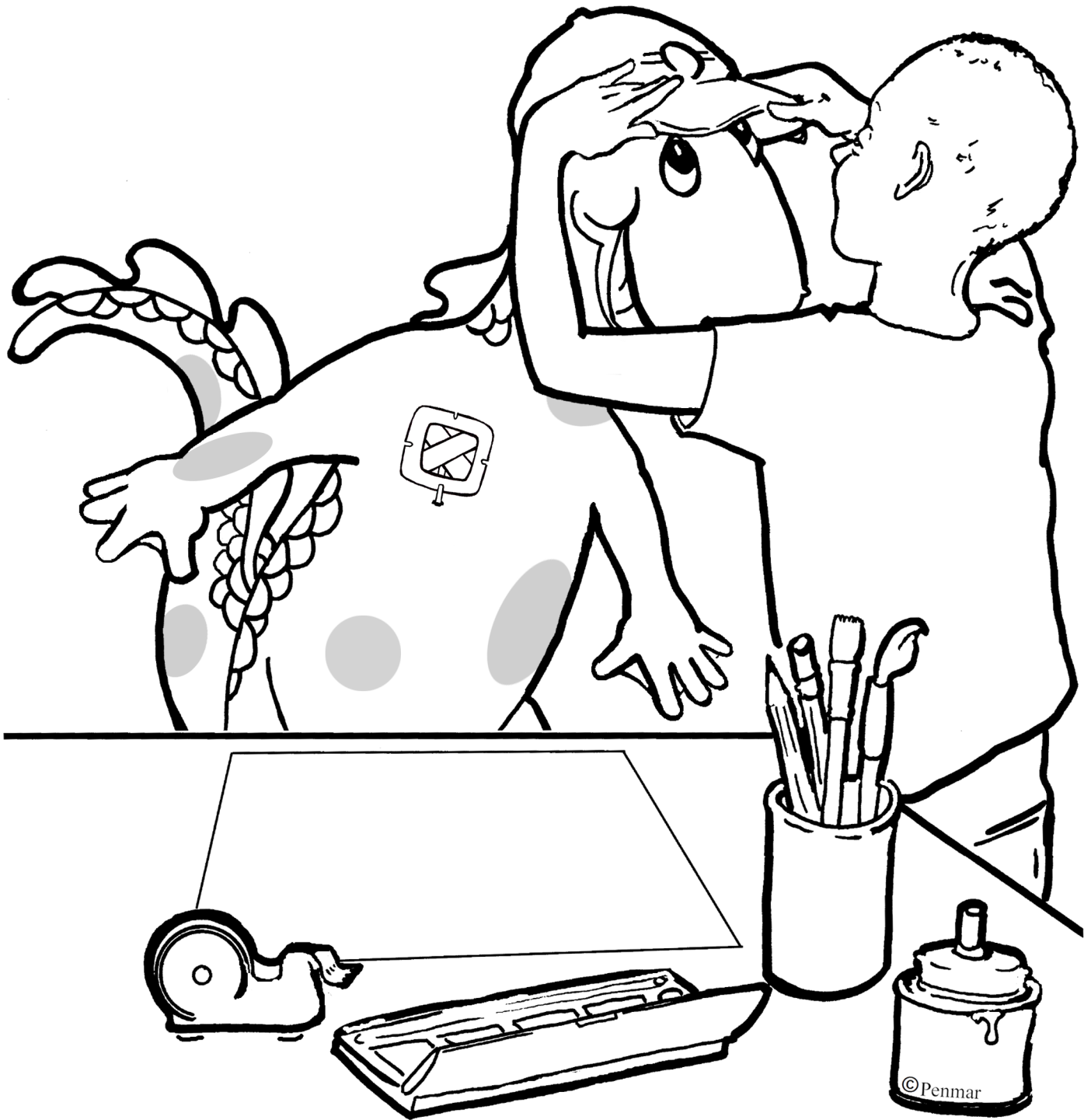
The nurse told Sam to curl up like a nice round ball. Sam did and thought about curling up into a ball like when he did cannonballs into the water with Zac!





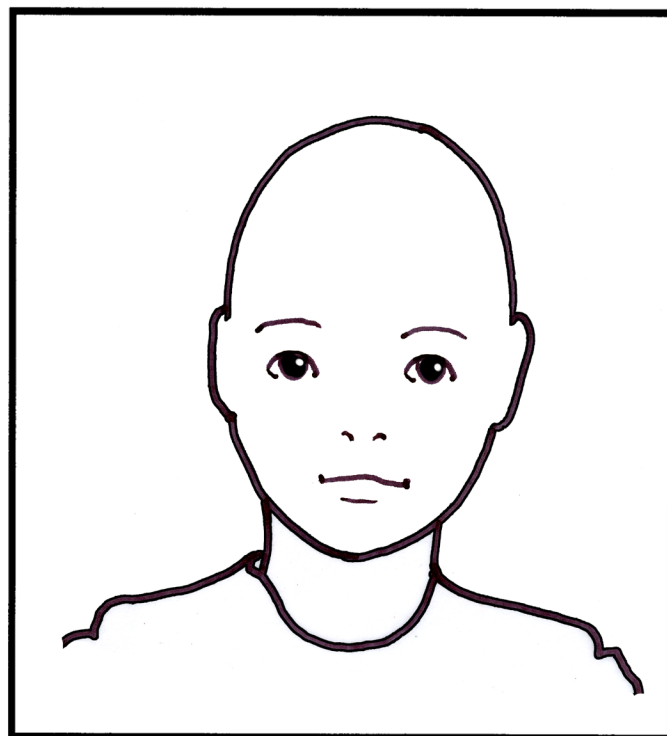
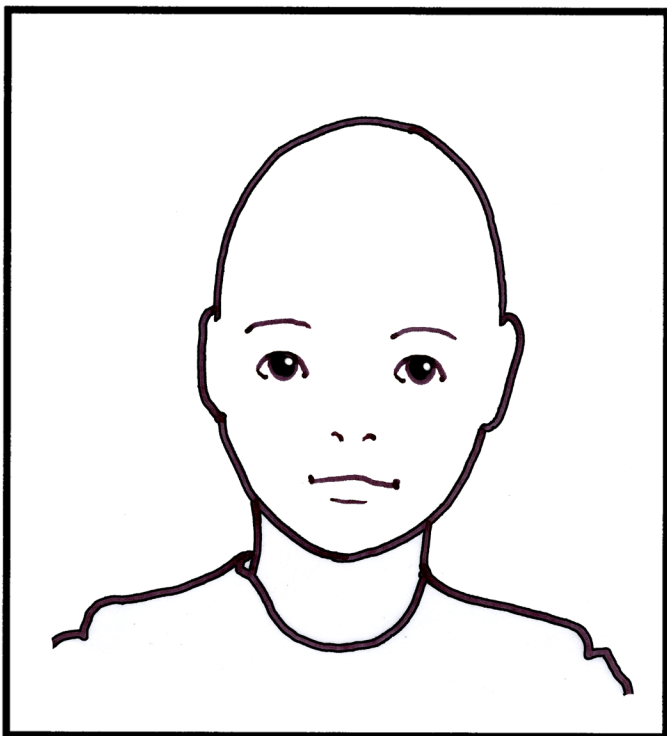
Sam will take a special medicine called chemotherapy.  
That is the best medicine to help Sam get rid of the unhealthy leukemia cells.  
Sam's mother gave him a great big hug. That was the best medicine of all!



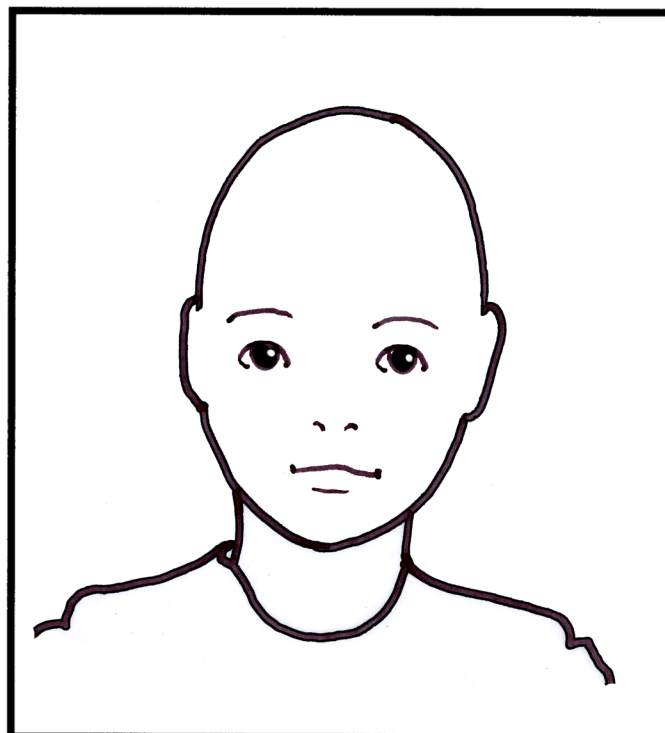
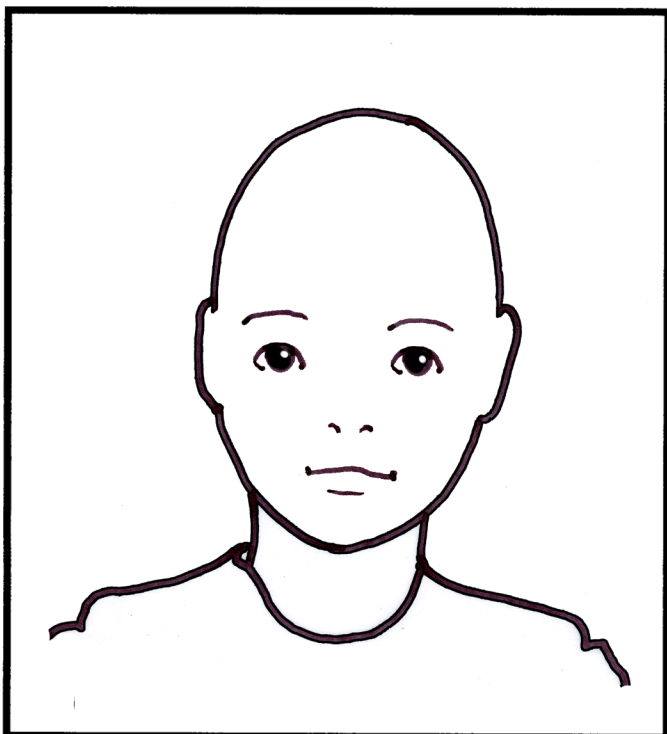


In the playroom, Sam made a new friend named Peter. Peter had leukemia, too. Sam liked Peter's hat, so he let Sam wear it. "I wear it because I lost all my hair from a medicine called chemotherapy."

Below you may give Peter four hair styles that you think he would like or perhaps some special hats.



Peter's hair will grow back after he stops taking chemotherapy.



Peter showed Sam that he had a port, too.  
Sam and Peter liked having a port because that way  
they did not have to be stuck by needles so much.



Sam learned that he had lots of people to help him get better.  
Sam called them his “team.”

And that is just what they are. They are all a part of his healthcare team.

There are doctors and lots of nurses on Sam’s team.

There are also social workers and child life specialists.

It seemed as though the whole hospital was on Sam’s team!



# Sam's Moving Forward Calendar


You will need one coin to flip or spin and one coin for each player.

Flip or spin a coin. Heads-move forward 1 space. Tails-move forward 2 spaces.

**Sam had some good days and some not so good days.**

Darker shaded spaces are Sam's not so good days. Take a break, miss 1 turn.

Lighter shaded spaces are Sam's good days. Move forward 2 spaces!


START HERE ON SAM'S FIRST DAY 	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

# MY MOVING FORWARD CALENDAR

Just like Sam, everyone has good days and not so good days.

Every day will end and turn into a new day moving forward.

You may color your good days and your not so good days any color you want.

MY FIRST DAY STARTS HERE 	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

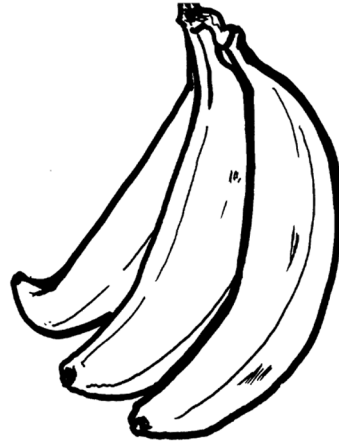
Sometimes chemotherapy made Sam lose his appetite.  
Then his mother would fix Sam some of his favorite foods.

Can you find and circle any of your favorite foods?

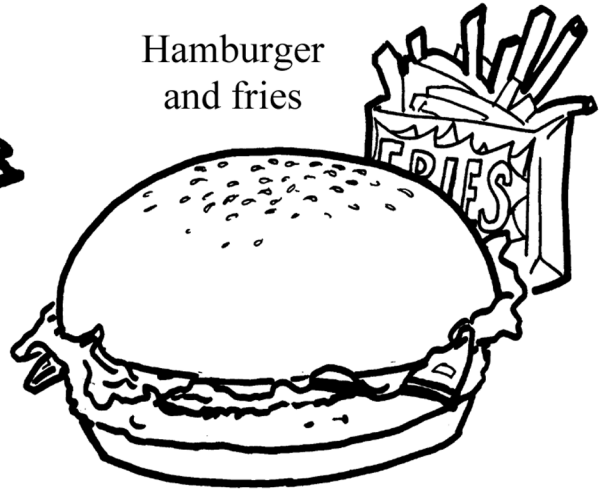
Apples



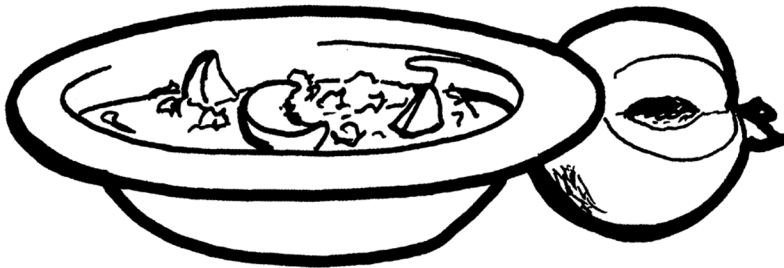
Bananas



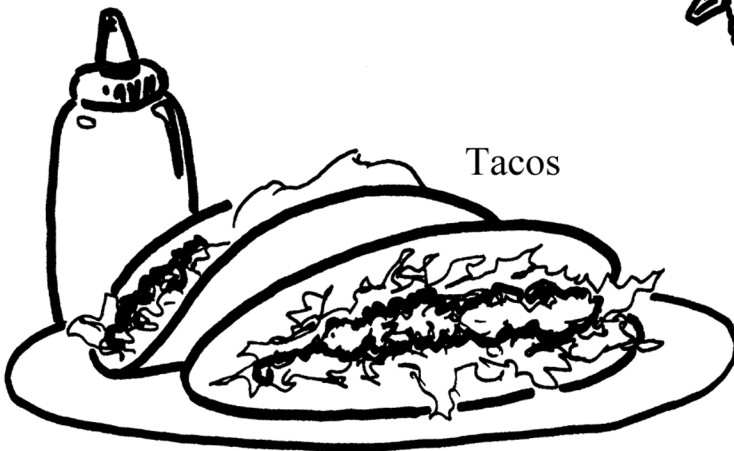
Hamburger  
and fries



Fruit and Cereal



Tacos



Pizza



Ice  
Cream



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If you want, you may draw a picture of your favorite foods on the back of this page.

After spending some time in the hospital, Sam's nurses and doctors said he could go home!  
Some of Sam's friends and neighbors made a "Welcome Back" sign.

Now that Sam was home, sometimes he would visit the clinic.  
Sam was happy to know that he would have a healthcare team at the clinic, too.

Some days Sam needed to wear a mask that covered his nose and mouth.  
The mask would help keep germs away, especially in crowded places.

Sam gave Zac a mask and showed him how to wear it.  
Zac thought that was the coolest thing ever!







Zac was happy Sam was home again. They had plenty of peanut butter sandwiches and went for lots of rides together on the water-woosher, too!

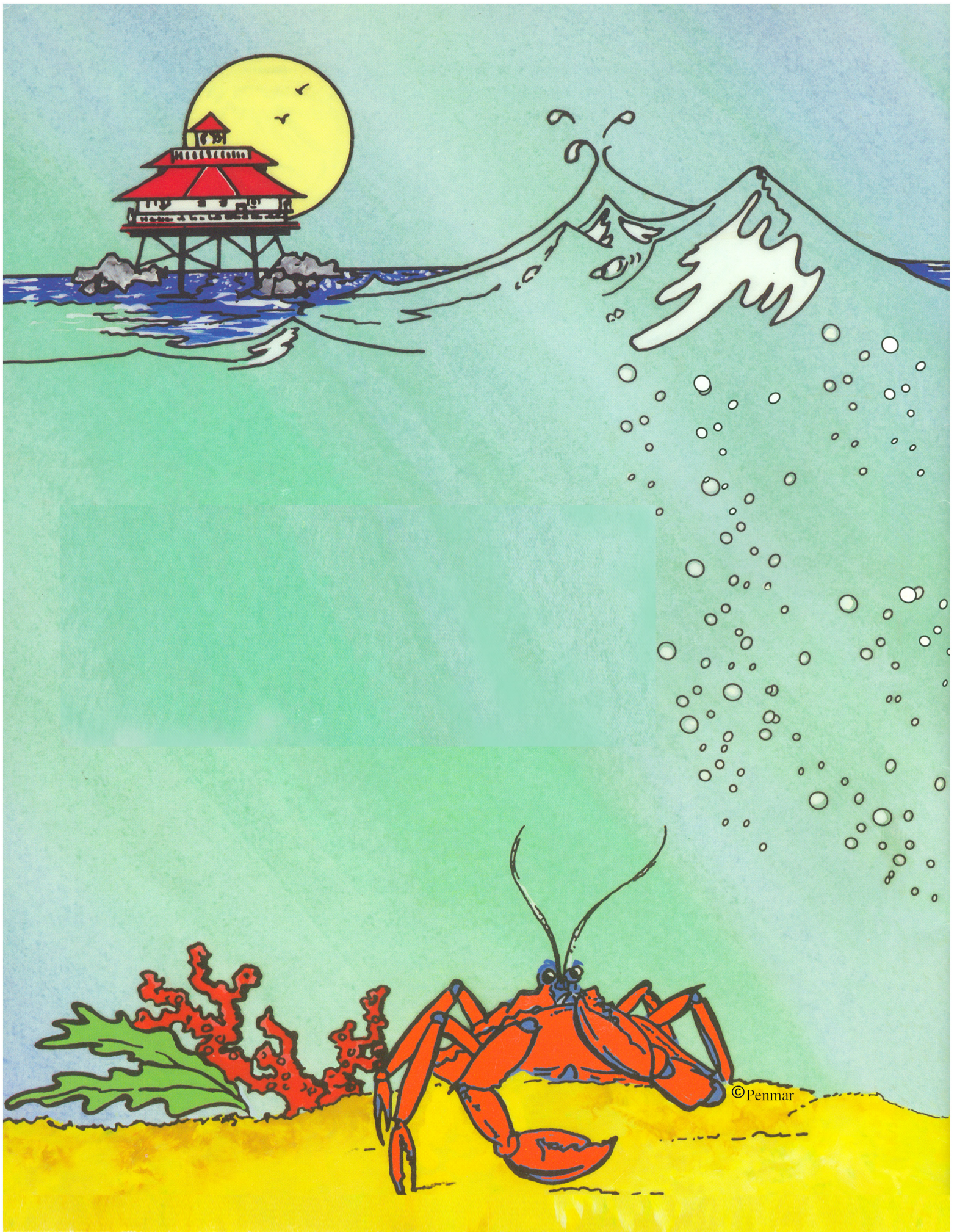
## MY AUTOGRAPH PAGE

Hi, my name is Sam.  
I am sorry you had to come to the hospital but you are in the right place!

When I was in the hospital, I learned that I had lots of new friends  
who wanted me to get better.  
I called them my team-my medical team!

It seemed as though the whole hospital was on my team and  
they are all on your team too!  
So am I!

Love  
Sam



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