

CML Tracker PAGES

For additional copies of the CML *Tracker* PAGES, call
The Leukemia & Lymphoma Society's Information Resource Center
at **(800) 955-4572**.

Doctors' Appointments

Doctor's Name	Appointment Date/Time	Made List of Questions to Ask (✓)	Weight	Blood Pressure	Temperature	Had Blood Test (✓)	Had Marrow Test (✓)	Called to Find Out if Test Results are In (✓)

Results of Hematologic Testing

Date of Test	Red Blood Cell Count	Total White Blood Cell Count	Platelet Count	Hemoglobin Level	Hematocrit Level

Results of Cytogenetic Testing

Date of Test	Karyotype Test	FISH

Therapy

Medication	Dose	Times/Day	Start Date	Reason	Stop Date	Reason	Side Effect(s)	Date First Occurred	Steps Taken for Management	Date Relieved

Results of Molecular Testing, PCR

Date of Test	Results

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General Guidelines for CML Drug Therapy Response in the First Year

Timeframe	Response(s)
After 3 to 6 months of therapy	Complete hematologic response <i>and</i> some cytogenetic improvement
After 6 to 12 months of therapy	Cytogenetic response defined as a two-thirds' reduction in the number of Philadelphia chromosomes in the marrow
After 12 to 18 months of therapy	Complete cytogenetic response <i>and</i> partial molecular response

Today CML drug therapy response is being measured against an individual patient's results at the start of therapy, called the patient's *baseline* test results. For example, as shown in the table above, when a patient has a very high white blood cell count at the beginning of therapy, a "complete hematologic response and some cytogenetic improvement" may occur later than "after 3 months of therapy." Patients respond differently to CML drug therapy; therefore, these are general guidelines for the first year of CML drug therapy.

Take
"My CML
Tracker"
to doctors'
appointments.

The Society's mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families.

These CML *Tracker* PAGES are from The Leukemia & Lymphoma Society. They are for information only. The Society does not give medical advice or provide medical services.

The Leukemia & Lymphoma Society

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CML Tracker PAGES

Stay on track by using these CML *Tracker* PAGES to monitor:

- * Doctors' appointments
- * CML drug therapy schedule
- * Side effects
- * Blood and marrow test schedules
- * Results of hematologic, cytogenetic, and molecular tests

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Store completed CML *Tracker* PAGES in the pocket provided on the inside back cover of "My CML *Tracker*" to help maintain your permanent medical records.